

Stadium
Redesign

GARRETT KIRK '24
NEWS EDITOR

The *Tripod* considered plans for a new stadium complex serving field hockey, football, men's and women's lacrosse, and track & field.

Outdoor
Dining

MAURA KEARY '22
FEATURES EDITOR

Features Editor Maura Keary '22 provides a list of chic places for students to dine outside in nearby West Hartford.

Spring
Playlist

CAROLINE RICHARDS '22
A&E EDITOR

A&E considers eight albums that radiate springtime energy, and are great for afternoons on the quad.

Weekend
Recap

ANNA BAUER '23
SPORTS EDITOR

The *Tripod* provides you with a recap of the latest sports wins this past weekend.

To Our Readers:
Keep your eye out for the *Tripod*'s Sunday morning feature series on issues of history, importance, and interest to the Trinity community. Check it out on Instagram or our website, trinitytripod.com.

This week, the *Tripod* interviews Interim College Chaplain Trevor Beauford about his role on campus.

College Admin Responds to Racial Incident in
Residence Hall; Students Want Accountability

KIP LYNCH '22
EXECUTIVE EDITOR

Trinity students have recently taken to social media to express their frustrations after a rotten banana was taped to the door of a residence hall room belonging to a student of color on the night of Saturday, Mar. 27. Several students who spoke directly to the *Tripod* indicated that the incident occurred in the Jones dormitory. Members of the College's administration confirmed that Campus Safety and the Office of Student Life and Community Standards are currently investigating the incident in an email addressed to students, faculty, and staff on Sunday, Mar. 28. In the email, President of the College Joanne Berger-Sweeney; Vice President for Diversity, Equity, and Inclusion Anita Davis; and Vice President for Student Success and Enrollment Management Joe DiChristina stated that

"While the specific intent and motivations of the individual(s) involved are still to be determined, the act is disturbing and wholly unacceptable in its apparent targeting of a student of color with a racist trope."

In an email to the *Tripod*, DiChristina indicated that Campus Safety immediately went to the residence hall after it was informed of the incident. DiChristina indicated that the sergeant met with the affected student and interviewed nearby residents to obtain relevant information and identify anyone who may have witnessed the incident.

When asked about the student response to the incident, DiChristina stated that "We have heard from students that they are very upset that this incident took place on their campus. As President Berger-Sweeney, Dr. Anita Davis, and I stated in our message on March 28, behaviors like this are unacceptable



MEMBER OF CLASS OF '24
A rotten banana was found taped to the door of a residence hall room belonging to a student of color. Both Campus Safety and the Office of Student Life and Community Standards are investigating the incident.

and will not be tolerated. Our new policy on non-discrimination provides guidance on how a matter like this will be adjudicated if and when the individual(s) are identified."

In response to questions about how Trinity plans to see INCIDENT on page 3

Positive COVID Cases Increase On Campus

DANIEL J. NESBITT '22
MANAGING EDITOR
and
GARRETT KIRK '24
NEWS EDITOR

Trinity has seen a recent increase in COVID-19 cases during the past week after a previously quiet spring semester. According to the College's COVID-19 dashboard, as of Monday Mar. 29, there are eight infected students and three infected "employees and affiliates". As a result of this uptick, there are six students in isolation and nineteen in quarantine.

Chief of Staff and Associate Vice President for External Affairs Jason Rojas told the *Tripod* that "We have seen a slight increase in the number of cases relative to where we have been since students returned to campus but our community is managing the semester very well. The cases were connected to a group of students who know each other and through rapid testing, quarantining, and isolation

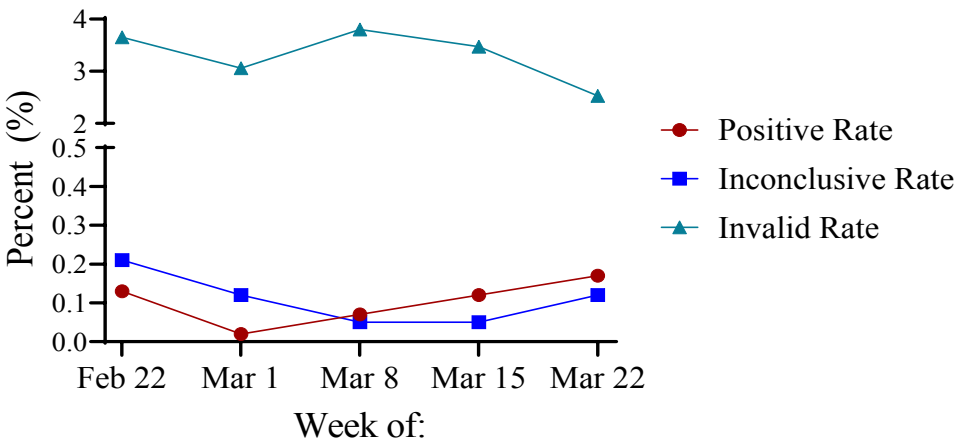
we have been able to mitigate further spread. We appreciate students' level of cooperation with our testing protocols."

According to Rojas, "There were no details regarding location provided as part of our briefing. There are no cases among faculty. Contact tracing with staff indicates that confirmed cases are not associated with work activities."

The College still remains in the green level operating status despite the slight increase in COVID-19 cases. This increase in positive cases is reflected in the College's COVID PCR testing data. The graph below shows the weekly testing rates for positive, inconclusive, and invalid results; The negative test rate was omitted for scale and clarity. As shown in the graph,

the weekly positive test rate has gradually increased between the week of Mar. 1, the start of in-person classes, and the week of Mar. 22, rising from approximately 0.02% positive to 0.17% positive. Meanwhile, the inconclusive and invalid test rates show no clear trend in either direction. There were between 4,195 and 4,718 PCR tests conducted in total each week in the graph.

Trinity Weekly COVID Testing Rates: Feb. 22-Mar. 22



Since in-person classes resumed Mar. 1, the weekly positive test rate at Trinity has gradually risen from approximately 0.02% to 0.17%, more than an 8-fold increase.

The Trinity Tripod

Established in 1904
“Now then- Trinity!”

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The *Trinity Tripod* has been published by the students of Trinity College since 1904. Its staff members are committed to the reporting and distribution of news and ideas that are relevant to the College community. The *Tripod* is published weekly on Tuesdays during the academic year. Student subscription is included in the Student Activities Fee (SAF). For non-students looking to subscribe, a one-semester subscription costs \$10.00 and a one-year subscription costs \$20.00. Please address all correspondence to:

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Trinity College

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CORRECTIONS

Tripod Editorial

On the Distribution of Student Power on Campus

Over the course of several months this winter, the *Tripod* was the first to “test” a new Student Government Association Committee, termed the “Student Organization Oversight Committee” (SOOC). The process, by any measure, revealed a panoply of disturbing possibilities that can arise when a group of students is invested with an ambiguous and uncertain degree of power.

We could lament here the procedural issues and foundational due process issues which accompanied the entire process and the ex-post facto qualities of the SOOC’s bylaws. However, the real gravamen of our concerns lies instead with the existence of this power at all, its distribution, and its fundamental legitimacy.

The SGA Constitution, ratified by just 23 students (out of the 2,098 eligible voting students at the College) is hardly a document that speaks for the people. It should be noted that SGA is currently composed of 23 students, according to their website. Even if no member of SGA voted to ratify their own Constitution, that means that only 1.09% of students outside SGA felt impelled to voice their support for a constitution that now governs all of us. When the U.S. Constitution was ratified, 2/3 of all states had to assent. When our own constitution was ratified, we accepted less than 2% as persuasive. These comparisons are particularly apt given, as the *Tripod* has previously reported, that SGA regularly compares in debate their constitutional process to the U.S. Constitution.

The power that the “Student Organization Oversight Committee” has is to evaluate claims and give “recommendations” to student organizations on how to improve these policies, allegedly arising under its authority to “hold organizations accountable to the requirements/expectations set forth by the SGA and the College.”

As we learned in the process, this very clause is fallacious and fundamentally inaccurate. First, SGA has no authority to enforce College policy and, thus, it can certainly not hold student organizations

accountable to violations of that sort. Rather, that authority would fall to the Dean of Students Office. Second, where are the “requirements and expectations” for clubs? SAIL has requirements (that a Constitution exist), but SGA requirements are nowhere to be found—at least not somewhere publicly accessible where all students can review and inform themselves of the expectations. If SGA believes in transparency or the democratic process, it should not bring or investigate actions until these policies have been developed with the solicitation of input from members of the public.

We also learned in the course of this process that the SOOC’s recommendations do not effectively have to be followed. Why? Because after pressing SAIL officials on multiple occasions, we learned that the SOOC does not have the authority to freeze funding for student organizations. It seems clear to us, through our conversations, that they believed they did. Even so, the “recommendations” can be appealed to the whole of SGA, who could in theory exercise their power to “derecognize” a campus organization. What would this derecognition even mean in effect?

Who knows because at the end of the day the arbiter of money decisions and disbursements on this campus plainly rests with the administrators of the College, not the students.

This, however, brings to light a perpetual issue: why should a small group of students—elected with less than 50% participation of the student body according to SAIL election results—even think that they can rule on derecognizing and denying access to the distribution of monies derived from the Student Activities Fee that every student (or parent) pays? If a student organization were “derecognized,” we can think of some questions that parents and probable donors could ask of College administrations. Could we expect that the decision might be reversed? That would seem, by our estimation, a reasonable outcome.

The real issue with this

process is that students cannot be the adjudicators of other students’ grievances. We have tried that before at the College with the Medusa which was disbanded long ago as an arcane vestige of a different time and, clearly, a process antithetical to democracy. To permit students to make the decision regarding the governance and operations of other student organizations is an affront to their independence and an insult to the democratic principle of self-governance.

If SGA believes that student organizations cannot hold themselves accountable, then they have made a significant statement about their faith in their fellow students one that, frankly, they are unqualified to make. We each pursue different paths at Trinity and those on SGA are free to pursue their interests and work toward the better representation of student concerns. However, unduly involving themselves in the affairs of other student groups—and using a Constitution passed by 23 students—is hardly emblematic of the democratic spirit.

If “transparency,” “equity,” “democracy,” and “parliamentary procedure” are the words and phrases that SGA wishes to be familiar with, then students should not be the judge of other students. The potential conflicts are too great and the personal gripes and grievances attendant to the undergraduate experience are far too pronounced. The administration, for its part, assumes an unnecessary liability by allowing students to judge other students in this quasi-judicial world.

The real lesson that the *Tripod* has taken from this process is that we have a long way to go in campus governance before real representation of student concerns has been fully realized. If the measure of governance is the prosecution of a student group under the auspices of constitutional practice, then we have are far indeed from a time when we can call our processes on this campus democratic.

-The Trinity Tripod

NEWS

Five Trinity Professors Honored

FAITH MONAHAN '24
CONTRIBUTING WRITER

Last week, Trinity College announced the recognition of five professors who will either hold named chairs or research professorships starting this July. Professors Shafqat Hussain and Gail Woldu will hold named chairs, while Professors Dario Euraque, Kifah Hanna, and Laura Holt will hold Charles A. Dana Research Professorships for the next two years.

In an email announcing this recognition, Acting Dean of Faculty Sonia Cardenas wrote, "To hold a named chair is one of the highest achievements a faculty member can attain, constituting recognition of sustained scholarly or artistic excellence." Professor of Anthropology Shafqat Hussain will hold the George and Martha Kellner Chair in South Asian Studies. His teaching prioritizes curiosity and real-world experience, and this philosophy is reflected in his research on social and political ecology in South and Central Asia. His most recent publication, *The Snow Leopard and the Goat: Politics of Conservation in the Western Himalayas*, examines how meeting the

needs of those most affected by conservation policies, such as local farmers and other marginal communities, are necessary for the success of these policies. Professor Gail Woldu will hold a Charles A. Dana Professorship of Music, and her current book project is titled *The Musical Artistry of Black American Women, 1920-2020*. In her teaching, she encourages her students to "think outside the book" and to embrace their individual perspectives and experiences when exploring musical traditions. Her research and specialty encompass a range of time and geography from French music in the 18th and 19th centuries to present day American popular music and the music of black American artists. Having been at Trinity since 1987 and having held fellowships at Amherst, Berkeley, and Yale, her teaching has touched the minds of many students.

Three professors will be appointed Charles A. Dana Research Professorships that will begin this upcoming July. Cardenas explained that "the Dana research professorships were established to support one full professor and two associate professors with a period of reduced teaching responsibilities to

complete an important piece of research." Professor Dario Euraque is among the recipients and considered an expert on Central America. Euraque previously served as the Director of the Honduran Institute of Anthropology and History. Currently, Euraque is completing the second volume of a biography of Rafael Lopez Padilla (1875-1963), a banana cultivator who criticized the monopoly of the United Fruit Company in Honduras. Associate Professor Kifah Hanna of Language and Cultural Studies, another recipient, currently holds a Frederick Burkhardt Residential Fellowship from the American Council of Learned Societies at Columbia University. Her research focuses on contemporary Arabic literature, especially aspects of gender and sexuality, and her current book project is titled *Floating Sexualities*. Associate Professor Laura Holt of Psychology has been a part of the Trinity community as both a student and professor, and has conducted research alongside her students on vaping amongst young people. She continues her research on addiction, in particular on nicotine delivery system use as well as on prescription drug misuse.

Outrage At Incident

continued from page one

to address related events in the future, DiChristina noted that "The Campus Safety Incident Response Team will meet this week to discuss plans for a community response to the incident... Also, the work of the DEI office... is on-going." DiChristina also noted that there are no cameras in the residence hall that could have recorded the event.

Davis, the College's Director of Diversity, could not be reached for comment.

Class President Jason Farrell, Jr. '23 informed the *Tripod* via email that "while our campus has made progress towards being a safer environment for BIPOC students, this incident clearly demonstrates that we have a lot more work to do." Farrell further added that, "Regardless of how many DEI trainings and community talks we have, we cannot prevent encountering the harmful views that exist beyond Trinity's walls and the school cannot always control the actions of students. However, the school can control the way we, as students, uphold our community values on campus. I hope our administration is purposeful in its response to this blatantly racist act."

In an emailed response to the *Tripod*, Martin Martinez '24 stated that "No one should feel unsafe or uncomfortable walking around campus or being themselves. Actions need to be taken and people need to be held accountable. The POC at Trinity are no longer going to stand down and let things slide." Martinez also noted that "Trinity's response as an institution now will determine if they choose to stick to the goals and promises they claimed to make during last year's debacle."

An anonymous student expressed their disappointment to the *Tripod* regarding the College's response: "Their email stated that the 'intentions were unknown.' This shows that our administration is sympathizing with the perpetrator of this action. Not addressing it as a racially incited incident is just playing to the side of whoever did it." Further, the student commented that "Though the school says that they will 'do everything' in their power to make this a more welcoming place, there obviously hasn't been enough done because these occurrences will keep happening until someone in the administration addresses this as a real problem."

Stadium Renovations Targeted for Fall 2021 Completion

GARRETT KIRK '24
NEWS EDITOR

Vice President for Student Success and Enrollment Joe DiChristina announced via email Tuesday, Mar. 23, that the College will shortly begin construction on their athletic stadium complex.

DiChristina mentioned in his email announcement that this complex will include "New spectator stands for Trinity and visiting fans on Jessee Miller and Sheppard fields that will offer comfortable, accessible, and abundant capacity to enjoy games with clear lines of sight from any seat; a new press box supporting both fields and offering a modern, professional setting for media and coaching; two

enclosed suites for spectating and stadium-related events; warming rooms for Trinity athletes and visiting teams for pre-game, halftime, and cold weather practices; and modern, accessible restroom facilities."

According to DiChristina, the College is "on schedule to complete the project by the start of the fall 2021 semester. The first phase of construction will begin this week with demolition and reclamation of the existing bleachers, which presented safety concerns. We will begin the second phase (construction of new stadium) in June after we complete our fundraising and in time to host competition scheduled for early September."

The *Tripod* spoke with Athletic Director and Phys-

ical Education Chair Drew Galbraith about the stadium construction process.

Financially, Galbraith said the endeavor "is a \$3 million project, completely funded by donations and we are finishing that effort right now."

Galbraith told the *Tripod* "This project was originally approved by the Trustees for design in April 2019 and for construction in February 2020. The College paused all capital projects in light of the pandemic last spring. Given the financial state of the College, the fact that this project is completely funded by donations and the improving state of the pandemic locally and globally, the Trustees approved resuming this project at their

February 2021 meeting."

According to Galbraith, the genesis for this project came about because "[t]he previous stands and press box at Jessee Miller Field were constructed in the early 1970's. Over the past 50+ years, as construction materials, building codes and spectator habits have changed, a modern, safe and accessible bleacher system and press box were long overdue. While still certified as habitable by a structural engineer, the old stands did not have railings, accessible seating or modern safeguards. The press box was similarly inaccessible and not able to accommodate modern equipment necessary to run contests on the field."

Galbraith mentioned

that "The new project will allow us to incorporate all of those aspects and also utilize them for Sheppard Field by moving the press box to the east side of Jessee Miller Field (between the two fields). That addition to Sheppard Field will also allow us to host larger events in field hockey and women's lacrosse, like the 2021 and 2025 NCAA Division III Field Hockey Final Fours."

Galbraith also indicated to the *Tripod* that "This project will have a great impact on our campus, six varsity teams and the local community. We will be better situated to host varsity events on these two fields, and also be able to accommodate other campus and community events that were not possible before."

College Campus Safety Report: Mar. 22 - Mar. 29

Wednesday, Mar. 24

Admissions Building

Vandalism - Property.
This case remains open.

Saturday, Mar. 27

Jones Hall

Vandalism - Property.
This case remains open.

Administration Releases Names of Chaplain Search Committee; Multiple Differences in Search Process Compared to Years Past

KIP LYNCH '22
EXECUTIVE EDITOR

After several requests by the *Tripod*, the Trinity College administration released the names on Saturday, Apr. 20 of those serving on the search committee for the next College Chaplain and Dean of Spiritual and Religious Life. They are Dean of Student Life and Director of the Bantam Network Jody Goodman, Professor of Music Gail Woldu, Professor of English Christopher Hager, Director of Campus Life Initiatives and Social Houses Kathryn Wojcik, Residential Learning Coordinator and TRINsition Fellow Yasmin Affey '19, and students Diante Dancy '21 and Sara Barrett '21.

In its research of previous chaplain searches, the *Tripod* received a document detailing the job description used for chaplain searches during the presidencies of Albert C. Jacobs H'68, who served from 1953-1968, and Theodore D. Lockwood '48, H'81, who served from 1968-1981. The previous job description is bears similarity to the current one. Both descriptions state that the chaplain must "conduct regular services in the Chapel according to the customs of the College and the provisions of the Episcopal Church; preach regularly in the Chapel and provide for visiting preachers; conduct special services, e.g. baptisms, weddings, memorial services for members of the College; provide counseling and instruction for them as appropriate." Both descriptions state that the Chaplain must coordinate work with and support other groups under the Department of Spiritual and Religious Life, such as the Newman (Catholic) Chaplain and the Hillel (Jewish) Advisor. The *Tripod* reached out to Goodman, who serves as head of the search committee, for comment. She indicated that the College was aware of the previous description and that it had "served as inspiration for the revised version."

Among the differences between the two descrip-

tions is that the previous description included a handwritten note which added that the "Chaplain is appointed by the President with the approval of the Bishop of the Episcopal Diocese of Connecticut." Goodman revealed that she was aware of the note; however, she declined to clarify whether the College intends to seek the approval of the Bishop of the Episcopal Church in Connecticut. Goodman did add that the College is "working closely with the Episcopal Church of Connecticut" and that "we intend to engage them [the Church] in the process as we normally have."

Historically, former College Organist and Director of Chapel Music John Rose indicated, that normal process involved approval. According to Rose, "once the college decides on a candidate that they want as Chaplain that person then meets with the Bishop in order to be approved to function as a priest and to administer sacraments...Of course, to date that has been mostly a formality because the candidate has always been an Episcopal priest."

In previous comments to the *Tripod*, the Rt. Rev. Andrew Smith '65, a former Bishop of Connecticut, noted that "there has been the question of whether the person must be an Episcopal priest. The consensus seems to be yes. For one, the tradition and the chapel and its regular worship are rooted in the Episcopal Church; somewhere there is a stipulation that worship in the Chapel is under the jurisdiction of the Bishop of Connecticut." Peter Knapp, former College archivist, detailed the search for a chaplain in the mid-1950s in *Trinity College in the Twentieth Century: A History*. Knapp described that "selecting a new chaplain proved to be almost as complicated as choosing a new president. There was little agreement as to what qualities a new director of religious life at Trinity should possess. A consensus existed on only one point: the chaplain would have to

be a priest of the Episcopal Church because of the diocesan status of the Chapel."

Another departure from past chapel searches in the current search process is the timeframe. The job description was posted on Mar. 5, with applications set to be due Apr. 9. Former President of the College and Professor of History, Emeritus Borden W. Painter Jr. told the *Tripod* that the timeframe "seems rather brief. In addition, this time of year is the busiest for many clergy because of Lent, Holy Week and Easter." Scott Reynolds '63, who is leading the fundraising effort to rename the Friendship Chapel in honor of the Class of 1963, noted that the search for the last chaplain, the Rev. Allison Read, took around a year. Reynolds also told the *Tripod* that it "seemed as if it [the current chaplain search] was too short an amount of time," and characterized this limited time period as "troubling." Reynolds separately told the *Tripod* that the Class of 1963's goal—to raise \$2 million to assist in the structural repairs of the chapel—was "on track to succeed." As the *Tripod* previously reported, the College's overall capital target for the Chapel restoration is \$20 million.

Goodman, in response to questions around what had prompted the College to elect to go with a shorter timeframe, admitted that the College is "on a tight timeline—the intended start date is July 1st." She attributed this decision to the College's desire to "engage all members of the Trinity community in this process" and "avoid rolling into finals weeks so that we can properly engage students, staff, and faculty in this process." It was not immediately clear what other opportunities for involvement the College was contemplating. Focus groups with certain constituencies of students, faculty and staff, and alumni had been held in late January prior to the announcement of the position or clarification around the search deadline.

DiChristina Sends Out Vaccine Survey for Potential Trin Distribution; Waiting for State Guidance

JACK P. CARROLL '24
NEWS EDITOR

Vice President for Student Success and Enrollment Joe DiChristina sent out a vaccine survey in an email addressed to students on Sunday, Mar. 21. DiChristina indicated that the survey will be used by the College to determine students' "intentions regarding the COVID-19 vaccine." In addition, the survey results will assist with Trinity's "immediate planning as well as long-term academic and residential planning for fall 2021."

In an email to the *Tripod*, DiChristina noted that the College is working with Hartford Healthcare to "look at all possibilities concerning how best to provide vaccines for students." DiChristina also stated that "There are many variables to consider—most importantly when the vaccine is actually available for this age group and how it will be distributed." At the time of his response, DiChristina indicated that Hartford HealthCare is waiting for guidance from the state after which he "will message the community."

Additionally, DiChristina noted in his update that Trinity is not requiring students to get vaccinated at this time, adding that "In the coming weeks, we will have more information to share with you regarding the vaccine."

Chief of Staff and Associate Vice President for External Affairs Jason Rojas previously told the *Tripod* that the College is "hopeful to have students return either vaccinated or with a first dose" in the fall semester. Rojas also indicated that the College had not received guidance from the state on vaccines for college students: "The only information that has been shared about the phase that includes students is the age range. We will provide information to students as soon as it becomes available."

In the state of Connecticut, Gov. Ned Lamont re-

cently announced that all residents will be eligible to receive the vaccine starting on Apr. 1. Lamont's office also reported that 1.3 million people 16 and older will be eligible for the vaccine. At the time of his announcement, Lamont anticipated that the state would vaccinate 200,000 people over the course of the following week.

Yale University, similarly situated in an urban setting, will be issuing MyChart appointments to students upon receiving vaccine inventory from the state. The *Yale Daily News* also reported that the university plans to vaccinate its students at the Lanman Center, "a University-operated site that has been administering vaccines since December 30 to those eligible."

These announcements come at a time when Connecticut's COVID-19 case count and positivity rate are on the rise. *The Hartford Courant* recently reported that the state's positivity rate is currently at its highest level since February. The same article attributed these trends to an uptick in cases in the Northeast and the spread of the B117 variant.

This data coincides with Lamont's decision to ease travel restrictions and to allow restaurants and businesses to function at full capacity with social distancing. Earlier this month, CDC director Dr. Rochelle Walensky expressed concern that it may be too early for states to end mask mandates and COVID-19 restrictions.

Over the course of this month, Trinity's weekly case count has steadily risen from one positive case the first week to six cases during the week of Mar. 22. Trinity's Covid-19 Dashboard reported that the latter number has since increased to 11—split between eight students and three employees and affiliates—as of Mar. 29. Also, the dashboard indicated that six students remain in isolation and an additional 19 in quarantine at the time of this article's publication.

What is the Flow State and How Can You Get There?

ALEX WECHT '24
OPINION EDITOR

Many of us face teeming schedules on a daily basis, so it's very tempting to let procrastination and otiosity win out over productivity whenever we get a breather or a chance to chill out. Productivity and time management are among the most important skills a highly successful person can have.

For many of us, those really focused work sessions where you are so productive you could write a novel only come once in a while—or so we think. In fact, there exists far greater potential within each of us than we tend to perceive.

I want to focus on a particular state of mind: when you're in a world of all-consuming and inter-

and enjoyment in the process of the activity."

In some facet of life or another, we have all experienced flow, some more than others. A host of scholars, athletes, religious figures, and others seek a state of flow in all waking hours of the day in order to inhabit the best version of their lives. Whether it be work, reading, discourse, exercising, sports, painting, fly fishing, or what have you, the experience is enhanced tenfold if you enter the flow state (often unknowingly referred to as "the zone").

So how do we tap into this state of mind more often, given that most of us only enter our zone for at best a few short hours, or maybe a few minutes, in a typical day? Typically, it takes about 10-15 minutes of doing something before

the taking. When you pass the 40% marker you've entered the zone, and the next 25% or so is like clockwork. I attribute this phenomenon to the flow state. Once you can "get out of your head," and let your mind and body do what they do best, you'll find a peaceful, intuitive, and active equilibrium. Human resilience is analogous to a murky glass of water: if allowed to reach stillness, the murky glass of water becomes clear. Your state of mind creates your experience, not the other way around, so stay in the game and find your flow.

As renowned neuroscientist Andrew Huberman emphasizes, there is a "download phase" shortly after waking that many people unknowingly neglect. In the morning, one should allow oneself to sort through one's own mind before ingesting someone else's space-time-sensory relationship. If you allow your conscious brain to digest what it achieved during sleep before entering someone else's world—going on your phone first thing in the morning, for example—you'll in turn be more effective throughout the day. A life focused only on exteroceptive stimuli is not optimally conducive to personal growth. Ultimately, you must know yourself in order to maximize productivity and eventually increase the time you can spend in the flow state.

By making an effort to be cognizant of the moments in which you

feel most productive and focused, you can start to schedule your work during those periods of day when you're most active mentally. Ultimately though, you can't force flow. You will

that, at some point, I'll be more focused on what I want to think about than on the discomfort I'm in. Sitting down to a daunting textbook assignment is not fun, but, chances

"A life focused only on exteroceptive stimuli is not optimally conducive to personal growth. Ultimately, you must know yourself in order to maximize productivity and eventually increase the time you can spend in the flow state."

find yourself in a flow state when you have let your brain do the honing in.

Another key to unlocking the flow state is eliminating external distractions. For some, this may be listening to instrumental music, for others it may be not making eye contact with others, and for others it could be sitting in the middle of a large crowd. You get the point—everyone's mind works differently.

Note, in some activities it will be either easier or harder to enter the flow state. This is natural; some activities spark more mental resistance than others. Remember, we are naturally built to avoid uncomfortable situations. However, the more often you break through the 40% marker, the more parts of the day you'll find yourself in this precious mental state.

I don't like running. In fact, running sucks, but I get excited before a six-mile run because I know

are, the latter portion will come easier than the beginning. My point here is, if you want to be in the zone more often, start becoming aware of the time when you are in it, and try to begin by first taking on the parts of the task that aren't so appealing.

To conclude, I urge you to never waste your best moments, as they are truly intuitional, meaningful, and beneficial. The connections you make during these moments are what make you who you are. The productivity that you find in these moments is not to be wasted. The conversations and relationships that foster your flow state are not to be taken for granted. These moments are precious. This overall sense of clarity is moving. I'll leave you with a quote from Delia Owens: "Nobody's come close to filling their brains. We're all like giraffes not using their necks to reach the higher leaves."

"For many of us, those really focused work sessions where you are so productive you could write a novel only come once in a while—or so we think. In fact, there exists far greater potential within each of us than we tend to perceive."

disciplinary thinking with unwavering focus. Candidly, it's what I find to be the most beautiful mental state one may achieve in intellectual life. This state I speak of is the "flow state." Per *Wikipedia*, it is "the mental state in which a person performing some activity is fully immersed in a feeling of energized focus, full involvement,

you reach the flow state. David Goggins, known by some as the toughest man on this earth, often asserts that most people only reach 40% of their potential because they avoid uncomfortable situations. I've found that if you can make it past that initial doubt in your mind (the 40%), there really is 60% of potential that's yours for

Trinity Should Administer the Vaccine On-Campus

LUCIUS BRYANT '22
CONTRIBUTING WRITER

Often I will find myself wishing I knew something I have recently learned at some earlier point in time

"The implications of the College rolling out vaccinations are myriad. I think it is quite a blessing that this institution can consider this course of action."

when the information would have been much more pertinent. This feeling usually starts as déjà vu to the earlier time but then contempt for the method of learning things episodically. I felt that same pain last Sunday after completing the survey for the Dean about vaccina-

tions on campus. I wish I knew they were considering this a few weeks ago when I was writing an article about it. Though, that article has somewhat faded into obscurity in my own head now.

The implications of the College rolling out vaccinations are myriad. I think it is quite a blessing that this institution can consider this course of action. I can only see it as beneficial to return to the way things were, from both a social and a financial

standpoint for the College. Although I am not certain of the cost to vaccinate the whole campus, I have faith Trinity would weigh the benefits fairly or even more heavily than said cost. Thus far the vaccine has been shown to halve the attack rates throughout the country, and giving access here, where students convene from all over the world, alleviates the problem beyond the Hartford community.

The greater implications of this process are a bit more speculative but still worth addressing. All hypothetical methods of acquiring the vaccine, whether it be through private funds or governmental access, suggest the current

plan for administering the vaccines is not as tight as it should be. As we have been on short order since the initial rollout, it stands to believe we could only possibly receive vaccinations when the planned ones have been dealt out and administered. If time is the priority in getting vaccinated, it

"The greatest problem so far is the lack of details. No one knows when or how this could occur."

would be tough to believe the college would have the power to do much at all.

The greatest problem so far is the lack of details. No one knows when or how this could occur. Speculations lead to believing

it would be substantially earlier than the country's rollout plan would allow. It is this same speculation that could cause the college's plan for vaccinations to find rocky terrain impeding its implementation. However, if Trinity is even remotely considering its role in vaccinating

anyone, they should act on it. Even if the vaccine is administered at Trinity for location convenience alone, it would be a benefit to families and communities everywhere. Such is the nature of this disease.

The Future Consequences of Student Loan Forgiveness and Why This Policy Will Do More Harm than Good

JACK P. CARROLL '24
NEWS EDITOR

In recent news, the Biden Administration’s Department of Education announced that it will be cancelling \$1 billion in student loans for those who “attended a school that engaged in deceptive or illegal practices suddenly.” While this may be cast as a major form of relief for the 72,000 student loan borrowers the program is intended to help, the consequences that are likely to follow could result in decades of financial suffering for current and future generations of students.

For one, the cancellation of student loan debt will encourage colleges and universities to further raise the cost of tuition. If the federal government uses taxpayer dollars to ensure that a given school receives the money it’s owed, then colleges will have no incentive to decrease the price of tuition. This is not a newly discovered phenomenon. A 1987 article in the *New York Times* reported that beginning in 1980 “college tuitions had been rising year after year at a rate that ex-

ceeded inflation.” The same article attributed these tuition hikes to the expansion of federal loan subsidies

the effects of government loans. With the rollout of student debt forgiveness (and more to come), our

commitments—opted not to attend their top choice school as a result of high tuition costs? Short answer: it doesn’t. This response is evidenced by a video in which Senator Elizabeth Warren, on the 2020 campaign trail, replies “of course not” to a frustrated father who asks if he will receive any money after years of saving for his daughter’s education to avoid taking out student loans.

It is also worth noting

fewer than 40 percent of students enrolling for the first time at a four-year institution graduate in four years. With community colleges included, over half of students who start college drop out in six years.

As the Biden Administration proceeds to roll out student loan forgiveness, the rising costs of higher education await. Hopefully both parties eventually acknowledge the damage of student loan forgiveness

“If the federal government uses taxpayer dollars to ensure that a given school receives the money it’s owed, then colleges will have no incentive to decrease the price of tuition. This is not a newly discovered phenomenon.”

two years prior in 1978.

To those who may speculate the relevancy of this data, bad news awaits. A recent CNBC article reaffirmed these trends: researchers Grey Gordon and Aaron Hedlund used quantitative models to find that raising subsidized loan limits led to a 102 percent increase in tuition between the years of 1987 to 2010. The article further specified that (inflation-adjusted) federal government spending has increased from \$50 billion in the 1999-2000 school year to \$87 billion in 2019-2020.

It is important to note that the data presented thus far has only focused on

country is entering uncharted territory. By paying back student loans, the federal government is inadvertently telling colleges and universities to maintain reckless spending habits and high tuition costs. Ironically, our nation’s students may never escape the consequences of their own relief.

In addition, issues surrounding equity accompany student loan cancellations. How does the federal government respond to the hardworking families who took out student loans and paid them back? Or how about the students who—after years of endless studying, sports practices, and extracurricular

“By paying back student loans, the federal government is inadvertently telling colleges and universities to maintain reckless spending habits and high tuition costs. Ironically, our nation’s students may never escape the consequences of their own relief.”

that the federal government’s involvement in higher education has done very little to ensure student success inside the classroom. Drawing from the National Center for Education Statistics, the *Washington Post* reported in 2018 that

and one day use this issue as a platform for bipartisan unity. Until then our nation will continue to do what it does best: celebrate the illusion of progress.

This article was previously posted in the online edition on Mar. 22.

Combating “Zoom Fatigue”: Passive Class Participation

SKYLER SIMPKINS '23
OPINION EDITOR

We have all, inevitably, treated our Zoom class as a podcast: low volume in the background while we

“There are multiple ways to fight this so-called ‘Zoom fatigue,’ but these ways often involve the unwanted invasion of privacy into the homes of students.”

go about our daily lives. Our virtual classes have merely turned into white noise embedded in the daily routines of pandemically-bound Americans. How can we counter this force: the overwhelming urge to neglect the idea of being enrolled in classes due to their encapsulation on a pixelated screen at which we must strain our eyes? There are multiple ways to fight this so-called “Zoom fatigue,” but these ways often involve the unwanted invasion of privacy into the homes of students. So how do we combat “Zoom fatigue” while also protecting

the privacy of students?

The easiest solution to the problem of “Zoom fatigue” is to ensure that students always keep their cameras operational. Aside

from the erroneous requisite of technological access to a computer camera that is not inclusive to all socio-economic backgrounds, this plan does little to help students learn as it impales students’ realm of privacy. When students are forced to follow the camera requirement, they quickly build up resentment for the class. Their minds float to concerns about what can be seen in the background, if the class can hear their parents fighting, or if their personal life choices will be exposed to numerous people they may not even know. “Keep your cameras on” has become a feared phrase in modernity as it

allows students’ insecurities to block their pathway to learning and general productivity. However, without a camera, life is a reality like that described above: classes are uninteresting podcasts that are no longer an element of our day. Cameras are not the only factor in maintaining interest in class; instead, classes could be modified to require either active or passive participation.

Participation in classes always keeps students on their toes. This class participation does not always have to be a graded component; instead, the professor uses these tactics to ensure that their students

“Our new academic terrain calls for patience and understanding by both students and professors.”

are tuned to the lessons of the day (participation should sometimes be a graded component; however, the grade is less important than the professor providing adequate means for students to participate

in the activities in class). A professor should call on students at random to ask them a question about something in class. These questions should never have right or wrong answers as this only increases the anxiety of the students. When students are allowed to voice their opinions on scientific anomalies or eighteenth-century literature, the educational process is cherished and not condemned to right or wrong. Active participation such as this, however, does increase the anxiety of some students; instead, passive participation can be used to maintain interest in class while not in-

creasing the stress of students too afraid to speak or give their opinions in class. The best way passive participation has been used in my classes so far has been through the software Poll Everywhere. Through this

software, students answer questions in a variety of formats. Professors track the answers made, and some professors only grade on the participation aspect of the question, not the answer. This is the best way to ensure students stay engaged in Zoom class without unnecessary invasions of privacy or triggering of students’ anxiety.

“Zoom fatigue” is not an unconquerable force in modernity. As long as professors introduce participation methods that do not unnecessarily stress the students, Zoom classes will no longer be mere white noise but an actual participatory element of our lives. Our new academic terrain calls for patience and understanding by both students and professors. Introducing participatory elements with no correct answer is a great way to reign in students’ attention, disallow wandering attention spans, and allow professors to maintain a more significant relationship with their students across the screen.

FEATURES

Briston Maroney: Spotlight on the Up-and-Coming Indie Rock Artist Who is Taking TikTok by Storm

KATIE CERULLE '22
FEATURES EDITOR

Briston Maroney is an up-and-coming alternative rock artist that is taking TikTok by storm with his track “Freakin’ Out on the Interstate.” This breakout track has over 50 million streams on Spotify over the past three months. With over 46,000 Instagram followers and 46,000 likes on TikTok, Maroney is taking the indie music world by storm. Originally from Knoxville, Tennessee, Maroney actually auditioned for *American Idol* at the Knoxville audition site in 2014. He explained to the judges during his audition that his experience growing up in a musical family has helped him develop his skills as a singer and guitar player. The judges raved about the unique nature of his voice and how it improved the

power behind his words. Thus, the judges advanced him to Hollywood where he became one of 30 finalists. However, he ultimately did not advance beyond that point due to his age and want of experience. A few years later, Maroney independently released his debut EP entitled *Big Shot* in 2017. This EP had four tracks, the most popular being “June” with over 4 million streams on Spotify. Over the next year, he released a few other songs including, “Under My Skin,” “I’ve Been Waitin’,” and “Freakin’ Out on the Interstate,” which became part of his first EP released with Canvasback Music and Atlantic Records, entitled *Carnival* in 2018. In March 2019, Maroney made his first appearance at South by Southwest. He also opened for Liz Cooper & The Stampede and Wallows on their

respective tours that year. In May of 2019, he released his second major EP entitled *Indiana*. He told *Enfnts Terribles* magazine in 2019, “It’s really just four songs that came out of a time where I moved. I was living in Florida with my mom, and it’s about me moving to Nashville. In the songs, I’m talking about the change that came along with moving and just ‘change’ in general.” In the same interview, Maroney also explained his excitement about touring with indie band The Wallows: “It was so awesome and once in a lifetime. They have been so kind to me! It was my first time playing concerts in Europe, so that was such a cool experience.” He also explained the origins of how he began touring with the group, claiming, “I got super lucky!” He elaborated, “I got to

meet them in Los Angeles, when I was out there visiting some friends. We ended up working with the same management company and it all just worked out really nicely. Then, they needed a support act and I just started working with the management, so it all came together.” Unfortunately when the pandemic hit, all touring and live shows stopped. Over 2020, however, Maroney released over five singles, including a cover of his girlfriend Samia’s,

another Indie singer-songwriter, song. “Is There Something in the Movies?” was then released to great acclaim. Starting in the beginning of 2021, Maroney began releasing more new music in preparation for the launch of his first studio album *Sunflower* which is said to be released Apr. 9. The first three songs of the album have been released: “Sinkin’,” “It’s Still Cool If You Don’t,” and “Freeway.” A music video for “It’s Still Cool If You Don’t” premiered on Feb. 10.



Briston Maroney

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Outdoor Dining in CT: Spots for Trinity Students

MAURA KEARY '22
FEATURES EDITOR



The Place 2 Be HARTFORD COURANT

The Place 2 Be

With two locations in Hartford, The Place 2 Be really is the place to be, whether it is for breakfast, brunch, or lunch. There is one location on Franklin Avenue and another in downtown Hartford on Constitution Plaza. The downtown location is the perfect spot to go to as the weather starts to get warmer.

The joint is filled with chic and quirky décor to complement its “Booze Garden” in the back. On a sunny Saturday in Hartford, the Garden is full of big groups getting together for bottomless mimosas and brunch. The Place 2 Be serves everything from omelets to pancakes, French toast, breakfast sandwiches, and more.

Effie’s Place

Another “diner-esque” option for eating outdoors is Effie’s Place, located right on the Hartford-West Hartford line on Park Road. This cozy Greek diner is open from 7am-8pm on most days of the week and serves breakfast, lunch, and dinner.

The family-owned restaurant has the perfect patio in front, set up with tables, chairs, umbrellas, and a tent when needed. Effie’s is a great spot for a relaxing Sunday morning or afternoon in the spring for some delicious homestyle cooking.

Salute

Salute Restaurant serves up fresh Italian dishes, an ideal spot for lunch or dinner. Salute sits right in the middle of downtown Hartford with an outdoor patio that wraps around the building. Eating outside at Salute will help you fit in with the fun downtown restaurant scene of Hartford.

The tasty menu options are contemporary spins on traditional Italian dishes, some of the most popular being the Rose Pasta and the Pasta Ala Vodka. Pair a meal with a glass of wine from their extensive drink menu and it makes for the perfect weekend afternoon.

Barcelona

Barcelona is another popular West Hartford spot that also serves small plates—perfect to share with your friends on a free weekend evening. The classy, modern ambience of the interior lingers even as you make your way out to the back patio. The “outdoor” space is located in the back of the restaurant and is enclosed by four walls, but with no roof so you can enjoy the warm weather without being right in the parking lot.

For chillier evenings, the Barcelona heaters work wonders and there is also a motorized awning for cover. There are several Barcelona locations, but the closest to Trinity is located on Farmington Avenue.

Zohara

Zohara is a Mediterranean-style restaurant, serving a modern spin on many different Mediterranean plates. Located in the heart of West Hartford, Zohara is one of the many restaurants that line Farmington Avenue. With one of the largest outdoor patios in the vicinity and great food, no table is ever left empty for long. Zohara’s ingredients are all locally sourced to create their exciting dishes that are mostly served as small, shared plates. If you’re stopping by for brunch, lunch, or dinner, make sure you start off your meal with a fresh bowl of hummus served with warm pita!

Student Admissions Interns Shape Future Trin Classes

OLIVIA PAPP '22
FEATURES EDITOR

Adam Minahan '23 is a sophomore at Trinity who works as a student intern with the admissions team. Looking to further involve himself on campus, Minahan applied to be on the team as a freshman. The role of student interns in the admissions office here at Trinity is multi-faceted. Minahan described the role of those on the team, stating that “everyone working in admissions doubles as a Student Admissions Associate (SAA), which means I do work like outreach, panels, Q and A’s. I essentially have light interaction with perspective students. These assignments are given to us by admissions counselors who are busy reading applications and such.” Minahan is also involved with the Multicultural Recruitment team in admissions. There are twelve student interns working

on this initiative. The goal of this program is to coordinate trips to campus for prospective students who are underprivileged, international, low-income, or first generation. Any group who has had a historical absence in college admissions are people that they try to help through the Multicultural team. These students fly in from all across the United States and occasionally across the globe. They are just as diverse in their backgrounds as they are in what they do. “I like working in admissions because I think it is one of the only student jobs at Trinity that has a direct impact on the campus itself. I am responsible for bringing students that Trinity wants to campus. Although I’m not reading applications, I am working on recruiting these students and making their perspective on Trinity awesome and making sure I see them the following year. It is definitely a very important

student job,” said Minahan. The interns get paid for a minimum of five hours each week. There is an hour-long general meeting between all the interns and three admissions counselors on Mondays. The different subcommittees are outreach, programming, and communications, and they each meet occasionally throughout the week. Minahan expanded further on the communications subcommittee, which consists of “just four of us. We meet for an hour and work on flyers, emails, and any communication that is going to be external to either Trinity students, parents, or perspective students. We don’t get all our work done every meeting, it’s only three hours a week but we get paid for five hours a week. The job only gets time consuming when we have fly-in programs. The fly-in program is called Bantam Bound, which is in the fall.” In Bantam Bound, students are paired with a host

student for two nights and three days usually from Friday to Sunday. These students go to various panels and speak with Trinity’s students, faculty, staff, and other administrators. These students go on tours and do a scavenger hunt to get to know Trinity’s campus. If it is an in-person program, there are about 30 kids flying in, although the number varies from time to time. “When I first started working in admissions, I became demystified by the whole cut-throat college process. I remember being so stressed about the college process but when I worked with these counselors, I realized it is not do or die. I also realized the admissions counselors in this school want prospective students to interact with them. Every time you interact with them, it shows more demonstrated interest. It is not as stressful of an experience as I once thought. I think it’s stupid we make the process

out to be such an awful process filled with judgement,” Minahan remarked. If any students feel as though they need to change their campus dynamic, Minahan strongly recommends working in admissions. Working in the place where the future of Trinity is decided can be an incredible and rewarding experience. Minahan offered some concluding thoughts on the student admissions counselors: “The counselors genuinely care about your input on what you want to see at this school and what type of students Trinity should be admitting.” “It’s nice to be recognized like that,” she added, noting that “it is not for everyone and it is a lot of interacting with people and being eloquent with your words about how you describe your school. They want you to be honest about Trinity during interactions and it’s important to have social energy.”

Arts & Entertainment

Eight Albums That Will Cure Your Case of Spring Fever

CAROLINE RICHARDS '22
A&E EDITOR

The weather is warming. The quad beckons. You buy a frisbee. It means it's time to stop listening to the sad winter anthems that plagued January and February (nothing against them, but they have their time and place), and start playing songs that emanate sunshine and floral.

These songs generally feel as though they're pumping you with serotonin and that maybe summer isn't as far away as you think. They're also great for getting work done because spring isn't just about the weather getting warmer, it's also about self-growth, learning, and change. So: here are a few albums to get you started! Listen to them on your walks, in the library, or on a picnic blanket with your friends.



4. *Kauai* by Childish Gambino

Technically a mixtape. A short and sweet classic. I listen to this every spring and summer like clockwork and it never seems to get old. Really funky lyrics (that tell a story!), and bouncy vocals. I feel like Childish Gambino invented his own genre here. Notable Songs: "The Palisades," "Retro [ROUGH]," and "Sober."



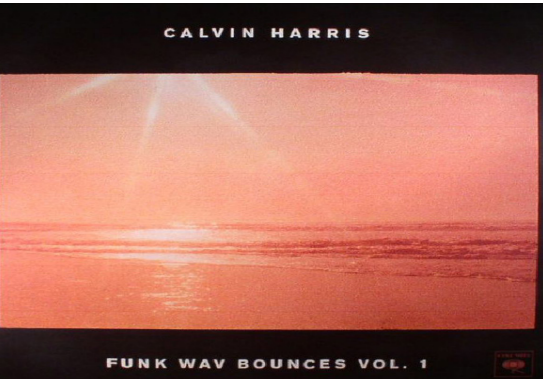
7. *Oracular Spectacular* by MGMT

Old but timeless. I love that they're having a resurgence right now (thanks Tik Tok). I saw them live at Osheaga and they are everything I knew they would be and more. So much wild energy and chaotic fun. Andrew VanWyngarden was wearing a poncho. Main characters. Will make you feel like a main character also. Notable Songs: "Pieces of What," "Time to Pretend," and "Kids."



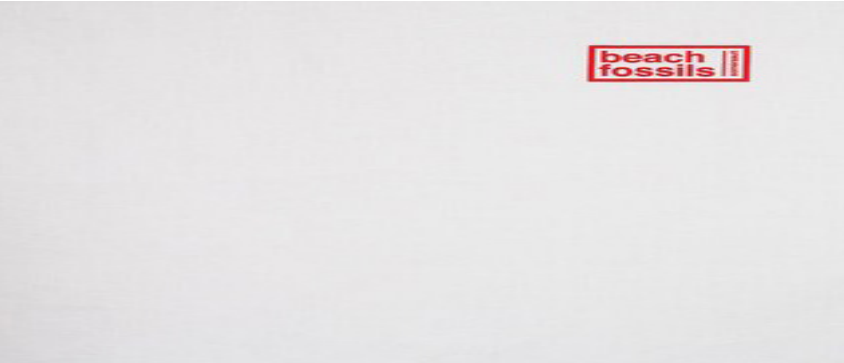
1. *Today* by Babe Rainbow

Psychadelic rock group from Australia. Will make you want to convert a van and learn how to surf. Really good for getting work done but being happy about it... Also really good cover art. Notable songs: "Something New," "Electrocuted," and "Funky I Like It."



5. *2* by Mac Demarco

Obvious. You knew Mac would show up on this list at some point, it would be a sin to leave him out. Happy riffs. Lyrical King. Notable Songs: "Cooking Up Something Good," "Dreaming," and "The Stars Keep Calling My Name."

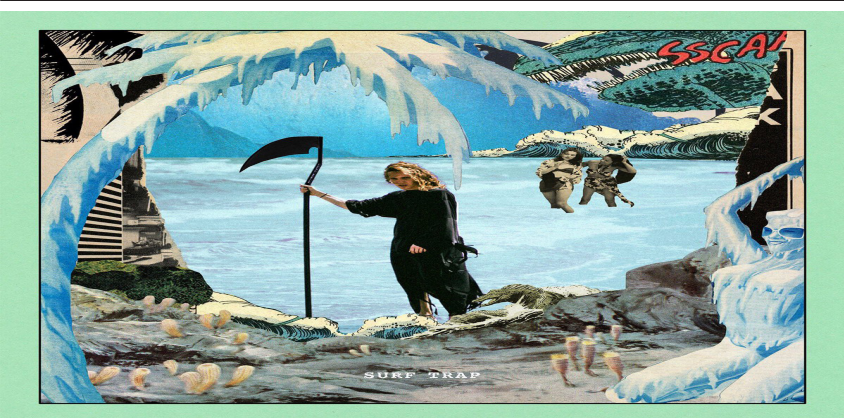


2. *Somersault* by Beach Fossils

Indie rock band from Brooklyn. Guitar riffs that will soothe your soul, and the main singer Dunstin Payseur's vocals are fine-tuned. Airy and dreamy without being tiring and boring. Notable songs: "Tangerine," "Social Jetlag," and "Down the Line."

3. *Funk Wav Bounces Vol. 1* by Calvin Harris and Funk Wav

You know it, you've heard it, it reminds you of the summer 2017. Calvin Harris really did us all a favor. The features on this song are ridiculously good: Frank Ocean, Migos, Kehlani, Travis Scott, Snoop Dog, and Nicki Minaj among others. Listening to this album makes me think of the beach and the smell of sunscreen. Let's bring it back? Notable Songs: "Heatstroke" (Young Thug has too much fun in this song), "Skrt on Me," and "Rollin."



6. *Surf Trap* by Felly

A musical tale as old as time: after graduating from USC, Felly and his college roommate (now Gypps) started making music in their garage. Now he's collaborating with Santana and has a cult following. Beachy rap with attitude. Very distinct, playful voice. If you don't know Felly yet you should take some time to get into him (it won't take much time, he's really good). Notable Songs: "Dying To Tell You," "Reinvention," and "Maple."

8. *Sgt. Peppers Lonely Hearts Club Band* by The Beatles

Completely and utterly self-explanatory.

Notable Songs: "With A Little Help From My Friends," "When I'm Sixty Four," and "Lucy In The Sky With Diamonds."

Weekly Skylights: The *Tripod* Looks to the Clouds

JOEY CIFELLI '23
A&E EDITOR



March 21, 2021. **9.2/10.**

(Left) Toper sat on the warm sands of a craggy rock alcove in the Turmult Ward of the Grenesill District of the Ocean Moon Calaris, leaning his head against one hand and sifting through clutches of grains with the other. He sighed. It was shaping up to be one of those days. Frothy waves rolled up and down the beach slope close by, sucking in sand and spitting it out on the other side of the ocean. If he felt like looking up, Toper would see the spindly mountains marking the coastline in the far distance, stuck lopsided in the ground like old toothpicks. Calaris was a small moon, a chip of a grain of sand in a galaxy-sized desert. Nothing much happened. Toper wished violently that something would happen. He closed his eyes and clenched his teeth, willing his moon or something beyond to conjure a spark of adventure.



March 22, 2021. **8.8/10.**

(Right) Light years away from Calaris the legendary space pilot Sehlezho Verillion also had his eyes closed and teeth clenched. If he felt like opening them, Sehl would see the unfortunate and all-too-common sight of a Miser Fungus in the process of sawing through his jump jet. He was wishing that he had bothered to read more than the inside flap of the Spacefaring Academy’s guide to quickstops. A quickstop was the Academy term for a forced landing at speed and a delightful way to avoid using the word crash. After allowing himself a second of regret, Sehl undid the straps holding him in the flight pit and reached around the chair for his vacuum breathing apparatus. He had just done so when a spiked tentacle of the Miser Fungus, having slid around the back of the ship into the abyssal substate engine block, crushed the fluctuational warp limiter crystal. Sehl, the Miser, and the ship flashed and winked out of space.



March 23, 2021. **8.4/10.**

(Left) On Calaris, a certain Toper was delighted to have his wish answered when the next wave washed up a corked bottle containing a scroll. He popped the cork gleefully and unwrapped the scroll. It read: go away. “Heck,” said Toper, “I know that much. Thanks Calaris.” Toper crumpled up the message and walked away with his hands in his pockets. Three seconds later, Sehlezho Verillion, Sehlezho Verillion’s ship, and the Miser Fungus currently attempting to destroy Sehlezho Verillion and his ship appeared over the spot Toper had been just three seconds ago. The three fell to the sand with a massive thud accompanied by the wet crunch of exploding Miser Fungus. A thick purple slurry burst from the fungus and splattered the alcove walls and Toper. “Woah,” said Toper.

“Sorry, did I interrupt?” said Sehlezho Verillion, flashing his wolfish grin. Then the blood drained from his face. “Excuse me, I do believe I have broken both my legs.” And the legendary pilot toppled face-first into the sand.

(Right) Toper found himself in a little bit of a shock. “Woah,” he said again, “woah hey, okay.” He walked over to Sehlezho Verillion and flipped him over so he wouldn’t suffocate. He ventured a look at the pilot’s legs, and true to his word, they were snapped in more places than a pool cue in a barfight. Toper cringed. Legs like these were beyond his expertise. Another bottle washed up next to him. Toper unfurled the message with slow hands: “in the ship,” it read. Toper spoke to no one, “I believe you now. Um, sorry for crumpling it earlier.” He crawled inside the wreckage of the ship, where a medic bot was folded up under an emergency beacon signal. Toper followed the instructions to activate both. Soon he was back on the sand next to Sehlezho, staring at the sky and listening to the whirs of the medical robot. Toper didn’t know who would come for them, or when, but that didn’t matter so much. The spark had taken hold, all he had to do now was keep it fed.



March 24, 2021. **9.6/10.**

SPORTS

Spring Sports Return to Trinity Like They Never Left

ANNA BAUER '23
SPORTS EDITOR

The 2020 spring athletic season may have been cancelled, but our Bantams are back in 2021 and making up for all the lost time. This past Saturday, Mar. 27, four spring teams played and all banked in at least one win, if not many more.

The women's lacrosse team practically demolished Connecticut College in their first on-the-road competition of the season, defeating them 19-2 on a lovely Saturday afternoon.

The team had 14 different scorers, including Ellie Kirkpatrick '22, who scored three goals in the first half. Within a seven-minute

period of this half, eight goals were scored, giving our Bantams a 12-1 lead by halftime. In the second half, Trinity scored seven more goals, while the Camels were only able to score one goal in each half of the game. These Bantams will play again next Saturday, Apr. 3, but against Wesleyan University. This marks their amazing return to competition against other NESCAC institutions.

The baseball team has been competing since Mar. 20, but on Saturday they played Mitchell College twice, once at noon, and then again at 3:30 p.m. The first game resulted in a loss, 2-8, however, the Bantams avenged this just hours later, defeating

Mitchell College 6-4. For the latter game, the Bantams scored four runs in inning two and two more runs in inning four. Nine innings later, the Bantams gained their victory.

The men's tennis team also had their own victories to celebrate, beating Connecticut College 6-3 by winning all three doubles play and three of the singles matches.

The women's team, too, ended with an incredible 8-1 victory against the Connecticut College Camels. They won all six of their singles matches in straight sets, and two of the three doubles matches. Isabella Hartman '23 shared this with the *Tri-pod* that "the one thing

I missed while being in quarantine was being able to compete. It is a different feeling when you are on court with your team; the energy and adrenaline is so high because everyone on the team is cheering you on while you battle through the match."

Hartman added that the difference between playing tennis as an individual sport and a college team "is monumental in that in college, you have seven other girls behind you genuinely cheering you on because your win is a win for your team. I had one match before we were sent home last year, so I was personally so hyped to be able to have a full season of competing this

spring. Our whole team is hungry this year to climb in the rankings because of our season being taken away last year. So I see a great year of competing ahead of us with stacking up a lot of wins for trinity. This first game we had ended up being 8-1 against Connecticut College—only dropping one doubles match out of the nine total matches—and this is just the beginning for us."

This excitement that the women's tennis team is exuding seems to be a very common thread amongst all of Trinity's teams this season as, after going over a year without them, the competitions are back, and the Bantams are ready to fight their way to the top!

Fall and Winter Sports Make Up for Their Lost Seasons

ANNA BAUER '23
SPORTS EDITOR

After having lost their fall and winter 2021 seasons to complications brought on by the pandemic, these teams are lucky to be back in competition again and taking home all the wins.

The women's basketball team has played a total of four games so far this season. They played Connecticut College twice, and defeated them the first time, 60-51, but lost the second time around, 49-66. This weekend, the Bantams faced the University of Saint Joseph Blue Jays twice, defeating them on Mar. 27, 76-54, and again

on Mar. 28; this time 58-33. Their next game will be on Apr. 10 at 1 p.m., and they will go against Roger Williams University in Bristol, Rhode Island.

Men's ice hockey has played a total of two games and have won both times, giving them a current record of 2-0. This previous weekend they faced Connecticut College twice. On Mar. 27, they defeated the Camels 4-3, and on Mar. 28, they demolished them 6 to 2! They will play the Camels again this upcoming Sat. Apr. 3 at 2 p.m. in New London, Connecticut.

Women's ice hockey faced Connecticut College as well, defeating them

in a shootout on Mar. 27, but losing by only one to them on Mar. 28. Martha Peppes '21, captain of the team, scored the stunning game-winning shootout goal on this past Saturday, Mar. 27. Just like the men's team, the women's team will face Connecticut College for a third time this upcoming weekend, on Saturday, Apr. 3 at 2 p.m. in Trinity's Koepfel Community Sports Center.

The men's soccer team played against Albertus Magnus College bright and early this past Saturday at 10 a.m. The game went into overtime, when Matt Moran '23 scored and defeated Albertus Magnus, 1-0.

James Michielli '23, who is number 18 on the field, shared with the *Tripod* that he "thinks the most rewarding thing about yesterday's game was seeing the pride and happiness on everyone's face to be able to play with the Trinity shirt on our backs." He expanded on the shift in attitudes from last year to this year, and noted that players are thankful, "given everything's that's happened over the last year and a half almost I know we're all really grateful to have each other, our coaches included. We're taking this chance to show the rest of the NESCAC what Trinity men's soccer really means."

These Bantams will be playing on their home field on Apr. 2 at 7 p.m. against the University of Saint Joseph, and again on Apr. 3 at 7 p.m. against Connecticut College. So, come out and support them and all your other fellow Bantams as they finally get to compete again!

At the moment, no outside spectators are currently permitted at any Trinity College home sports competitions, but with any luck, everyone, families and rivalries alike, will be able to be cheering for all our Bantam teams from the sidelines soon enough. Some of the action can also be caught online.

This Week in Sports at Trincoll...

Women's Basketball

v. University of Saint Joseph

W, 58-33

Men's Ice Hockey

v. Connecticut College

W, 4-3

Women's Lacrosse

v. Connecticut College

W, 19-2

Men's Soccer

v. Albertus Magnus College

W, 1-0

Men's Golf

v. University of Hartford Invitational

5th Place

Women's Ice Hockey

v. Connecticut College

L, 1-2

Men's Lacrosse

v. Endicott College

W, 12-5

Men's Tennis

v. Connecticut College

W, 6-3

Baseball

v. Mitchell College

W, 6-4

Women's Tennis

v. Connecticut College

W, 8-1

This Week in Sports At Trincoll...

United States Men's Soccer Team Squanders Spot in the Olympics, Hopes to Improve for Next Opportunity

MATEO VASQUEZ '21
SPORTS EDITOR

In the heat of everything going on in the sports world, many forget that some of the most important competitions are currently occurring in order for athletes to qualify for the upcoming Olympics. The U.S. men's soccer team unfortunately failed to win their match against Honduras on Sunday, Mar. 28. The program has not been able to qualify for the Olympics since 2008, and they will have to wait another three years for another shot. This is the second time that the team has been knocked out of the tournament, and, moving forward, there is a lot of discussion of what could be done to prevent this from occurring again.

For most of the game the teams were tied up

and at each other's throats trying to dominate the other for ball control. There was a lot of back and forth action on the field, but neither team was truly demonstrating control over the other. In the end, U.S. goalkeeper David Ochoa made a pass that landed right at the foot of the Honduran striker Luis Palma, who executed the shot on the open net.

Ochoa had been consistent throughout the entire tournament, even keeping the team in the game during some difficult moments. However, when it came down to the final hour, there was a lack of communication and a failure to execute on the passes which resulted in Ochoa putting himself in a very awkward position. Throughout the rest of the half, the team attempted to make a comeback and rally

from the mistake. However, Honduras saw their opportunity to advance in the tournament and focused almost the entire second half on a strictly defensive game. Losing momentum as the half continued on, their hopes of making the Olympics began to fade.

While the slip up did cost them the game, the program as a whole has improved and done better than the last round of Olympic qualifiers. In general the pool of athletes that the team can now pull from are much better than in years past. The larger pool and age cut off is in many ways a double edged sword. There are a lot of players that are more developed in the clubs that are not eligible for the Olympics because of the age cut off, and in turn the candidates that are playing are much younger and lack certain

experience that comes with just playing at a high level of intensity through years of experience.

To say the least, the young MLS players that were on the field did a great job in comparison to years past and only showed that there is room for improvement.

In years to come, the team will no doubt shift

focus to ensuring the team has the experience to match the competition.

While this is a missed opportunity for the team, the potential is there, and if anything, the experience is a motivating one as they continue on and build their next team at a shot at the Olympics in the future. We look forward to covering their success in the future.



AP/FERNANDO LLANO

The U.S. Men's Soccer Team Fell to Honduras 2-1.

March Madness Update: Elite Eight Showing Promise

MATEO VASQUEZ '21
SPORTS EDITOR

As this year's March Madness tournament is drawing to a close, we had to say goodbye to our underdogs, Oral Roberts University, who lost to Arkansas by merely two points, and Loyola Chicago who was knocked out by the unexpected no. 12 seed Oregon State. However, there still remain a lot of teams that have shown great execution on defense and serve as a reminder that it is still anyone's game. This tournament marks the first time since 2011 that the no. 1 and no. 2 will not be compet-

ing against each other. As we push forward into the tournament, there are a few teams you are going to want to keep an eye on and possibly add to your second round brackets. First, Baylor, which from the start has been a great no. 1 seed and has been strong from the beginning. Baylor is one of those teams that the second they hit the court they know how to control it and just have complete dominance against their opponent. They destroyed Wisconsin and made a lot of people rethink having Villanova in their bracket. Baylor is able to execute on the turnovers and just keep cranking out a high volume

scoring game that other teams have not been able to handle. If they remain consistent they would be able to see their first Final Four showing since 1950.

Regardless of if they are able to get into the Final Four, they have nevertheless shown that as a program they can produce incredible athletes and be real contenders on the court. However, another team with a lot of attention is the Oregon State Beavers, who took Loyola Chicago out of the tournament as well as big programs such as Tennessee and Oklahoma. One of the interesting things about the Beavers is that they

are not afraid to make some riskier plays and they seem to be paying off. Taking 86% of their shots from the stripe compared to some of their opponents who are only hitting about 26%. They are making the Elite Eight after not making it this far in the tournament for 39 years.

Moving forward in the tournament, I would not be surprised if they were able to somehow make it into the final round of the tournament. The team as a whole has shocked many in the basketball world and have surprised many fans with how adventurous they are on the court.

From the teams that re-

main, there is such a high level of basketball being played and amazing work on the defensive end, making it quite exciting to watch.

While the offenses are definitely racking up the scoreboard, the defense on a lot of these teams are quick to change the direction of play and just lockdown a lot of the oncoming offensives forcing them to take shots they are not necessarily comfortable with.

Moving forward with the rest of the tournament, it will be amazing to see who moves on to the Final Four for a shot at victory and the *Tripod* will be there to cover the action every step of the way.



Coming Up for Bantam Sports:

Wed.

Women's Tennis v. Merrimack College
@ 3 pm

Men's Tennis v. Merrimack College @
3 pm

Sat.

Men's Soccer v. University of
Saint Joseph @ 7:30 pm

