

The Trinity Tripod

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Trinity College

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Threat from Trinity alumna frightens campus community

MAGGIE ELIAS '17
NEWS EDITOR

At approximately 12:45 p.m. on Thursday, Sept. 11, Trinity College Campus Safety sent out an email to the entire faculty and student body alerting them "that an alumna from the Class of 1984 has threatened to come onto campus and cause some kind of disruption that would be 'newsworthy.'"

According to Associate Dean of Students Chris Card, the Trinity administration received a call from the alumna's brother minutes before. His sister, the aforementioned alumna, had left him a voicemail about coming to campus.

"Although the threat was unspecified, it is an unusual and ambiguous message and one needs to err on the side of caution," Dean Card wrote, "Certainly the person who reported the matter to us thought the issue was significant enough to alert the college."

Pierce Classen, the president of St. Anthony Hall, was holding a pre-rush Greek Life event when Fredrick Alford, Dean of Students, and Tim Dunn, Associate Director of Student Services for Social Houses, approached him with a large photograph of a woman. Classen said that Alford and Dunn began to question him about the woman, asking

whether he had ever seen her or knew who she was. He said he did not know who she was and that he had not seen her.

Dean Alford and Tim Dunn then informed Classen that this woman was the suspicious alumna who had threatened to come on campus. "They had told me that this woman, who was a member of the Eating Club at The Hall and a self-proclaimed brother, had attempted to break into Ogilby numerous times over the summer," Classen said that the "Trinity administration was concerned that she was back on campus and

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COURTESY OF deltapsi.org

According to Hall President Pierce Classen '15, the alumna tried to break into Ogilby several times over the summer.

Trinity community mourns the loss of Peter Knapp

ESTHER SHITTU '17
STAFF WRITER

This past week, the Trinity College community lost one of its most beloved members, Peter Knapp. He was a long-time employee of the College, having served at Trinity for 46 years.

Knapp became part of the Trinity community when he attended the college as a student from 1961-1965. While he was a student, Knapp served as an assistant in the Watkinson Library for all four of his undergraduate years. During that time, he also received the Ferguson Prize and the Jerome P. Webster Student Book Prize. After finishing at Trinity, Knapp continued his education by earning his master's degrees in history from the University of Rochester and library science from Columbia University. In 1968, Knapp joined the Trinity College library as Head of Reference. He later began working with the college's archives and in 1974 he became the Head of Reference & College Archivist. Twenty years later, Knapp became the College Archivist at Watkinson Library and worked with his wife, Anne Knapp, on the historical piece, "Trinity College in the Twentieth Century," which was published as

the "second volume" of Glenn Waver's History of Trinity College. He worked at the Watkinson Library until his death and he was consummate in each of the duties that he held at the College.

To his colleagues and friends at the Watkinson Library, Knapp was more than the college archivist. Sally Dickinson, the assistant curator and preservation Librarian at the Watkinson Library, worked with Knapp for 13 years. Dickinson said that Knapp was very approachable and a kind spirit.

"He was very gracious and very even-keel," she said, "He put a good face to Trinity College."

Dickinson went on to say that Knapp had a very calm temperament and was a wonderfully valued presence at the College. "He knew all the ins and outs, and now that he's gone, we've lost that memory... an institutional memory," she added.

Henry Arnett, the Special Collections Assistant at the Watkinson Library, first got to know Knapp when he began working at the College four years ago. Arnett said that Knapp was a role model for

see KNAPP on page 6

Allan K. Smith Reading Series welcomes Fred Bahnson to discuss his recent book

POOJA SAVANSUKHA '15
A&E EDITOR

Last Thursday, Sept. 18, the Smith House hosted a reading and discussion conducted by writer Fred Bahnson. Trinity College students as well as faculty members gathered at the Smith House Reese Room to listen to excerpts from Bahnson's recent book: "Soil and Sacrament: A Spiritual Memoir of Food and Faith," to learn more about his own background, and to hear about his experiences writing creative non-fiction. The reading kicked off this fall's Allan K. Smith Reading Series that hosts authors and poets as part of a college endowment.

Bahnson originally holds a masters degree in theological studies, from Duke Divinity School, but he also grew interested in agrarian traditions and in food shortly after earning his degree. Almost immediately after graduating, he travelled to Chiapas, Mexico as a peace worker. Living amongst Mayan coffee farmers, he developed an interest in farming. Publishers categorize his book as a memoir,

but he himself considers it to be a "hybrid work that is part memoir, part essay, and part theological writing." In his book, he writes, among other things, about his experiences in Mexico and about his interactions with his Mayan friend, José. In his discussion at Trinity, Bahnson read various excerpts from his book that conveyed a sense of his various experiences. He intermingled readings with discussions

and light humor that definitely kept the audience very engaged and intrigued.

When Bahnson returned from Mexico, he continued exploring "permaculture, and uber organics," until 2005 when a Methodist Church asked him to help start a community garden in Cedar Groove, North Carolina. This was definitely another turning point for him.

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COURTESY OF trincoll.edu

Bahnson recently published a book titled "Soul and Sacrament."

The Trinity Tripod

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Tripod Editorial

We should celebrate the peaceful nature of the Scottish referendum

This past Thursday, Scotland held an independence referendum that asked voters, "Should Scotland be an independent country?" 54.2 percent of Scots said no and 45.7 percent said yes. The political consequences of this vote are sure to be discussed at length for months to come, but I'd like to focus instead on the peaceful and democratic nature of the events and the discussion surrounding this vote.

For much of history, independence was a bloody affair. In the United States, we have two particularly vivid examples to look to. The first is our nation's founding in which we separated ourselves from Britain. The result was the Revolutionary War in which 25,000 American soldiers and 24,000 British soldiers were killed. Our independence was not achieved through peaceful means.

The other American experience with secession was the Civil War in which 600,000 Union and Confederate troops died. This war is a example of how democratic process and peaceful discussion can fail and subsequently lead to horrible bloodshed. Unfortunately for the world, violent independence movements didn't end with the eighteenth or

nineteenth centuries. They continued throughout the twentieth century and they continue today.

To use a recent example, the Provisional Irish Republican Army, a paramilitary faction which sought to remove Northern Ireland from the United Kingdom, used bombings and terrorists tactics from 1971 to 1997 as a means to achieve their political goals.

I think that what we've seen in Scotland is a triumph for modern democratic process. There was widespread open debate leading up to the referendum. Voters had access to information sources through which they could become informed about the issues at stake in the decision. Overall, proponents and opponents of secession did not resort to demagoguery. Instead, as I watched the debate unfold, both sides made their arguments with care, logic, and sincerity. In particular, I remember David Cameron's appeal for unity in which he passionately and honestly communicated the reasons why he thought the two countries should stay together.

We can see this referendum as an example of the political progress we've made. Think back to the times when power was held

in the hands of the few or, very often, the hands of one. Kings, emperors, and oligarchies made decisions for entire nations and entire populations. The voter turnout in the Scottish referendum was 84.6 percent. So over four-fifths of the population had their voices heard. That is the essence of representative democracy.

The Scottish vote in independence is representative of the level of peace and level-headedness that we can achieve in today's political disputes. Our age can be one in which disagreements are settled with words, not weapons. We can fight with informed debate, not with our fists.

It's wonderful to hear that there have been no violent reactions to the failed vote. Many Scots in support of independence are devastated, but they are not resorting to violence as a result of their disappointment.

I applaud the ways in which the people of Scotland and England have gone about this important issue of independence. If only all of today's political disputes could be handled so peacefully and democratically.

-FGR

Emma Watson discusses gender inequalities in speech at U.N.

Emma Watson spoke at the United Nations' HeForShe campaign this past week at the U.N. headquarters in New York.

Her message was not focused on hard-line feminist ideals. Instead she honed in on the real issue of social pressures that cause gender inequality among men and women.

While she expressed her want for equal pay among men and women in addition to having equal representation in positions of power, she also used personal anecdotes to show the sort of cultural and social pressures that cause women and men to feel insecure about themselves.

For women, she explained that many teenage girls choose to quit their favorite athletic activities so that they avoid being la-

beled as "muscular".

For men, she explained that they often are not held to the same standards in terms of parenting.

In light of the recent allegations against NFL running back Adrian Peterson, these arguments really hit home. Peterson has been charged with child abuse to his four-year-old son. Often our culture exempts males from such acts because it is pawned off as "tough love". However, it is exactly this sort of parenting that teaches boys to use violence in order to correct behavior.

Girls, however, are often taught to be passive within the classroom. Watson recounted a time when she was described as being "bossy" for wanting to direct a play that was to be performed in front of par-

ents.

Personally, I commend Watson for using her influence for good. Celebrities often promote the social norms for each gender.

For example, Jon Wayne is the perfect "man's man," someone who doesn't let his emotions show and who uses violence to solve all of his problems. Young males see these norms in movies and video games and, as a result, they begin to follow those norms.

Furthermore, women are often portrayed as being beautiful and skinny in movies, forcing girls to try to fit this picture so that men will find them attractive.

Additionally, Watson talked about how women who are labeled as "feminists" are often thought of as unattractive. Many

think of them as "men haters."

Yet, while she was arguing that men should push for equal rights across the board, she narrowed in on a less talked about subject—men who face inequality.

She used the increased suicide rate among men between the ages of 20 and 40 in the U.K. as an indication that men also face the same sort of social pressures that women do. Watson concluded that she had seen men become insecure due to a distorted sense of what it means to be a successful man.

Gender inequality is an international issue and no country can boast equal rights for both genders across the board.

Often the topic is discussed within the class-

room but almost every time it is mentioned nationally, the focus is on equal rights, not on the social and cultural causes for gender inequality. Most gender norms are formed through the media, movies and other such outlets. Obviously, it is not an easy issue to solve because it demands that an entire nation work together to change social standards.

However, Watson did a commendable thing by bringing the issue to the center of our attention. In using her influence as a popular female actress, she is an excellent example of how people in positions of power can use their influence to bring national attention to important issues.

-FBH

OPINION

NFL faces complaints regarding its disciplinary policies

ANNELISE GILBERT '17
CONTRIBUTING WRITER

Earlier this month, Baltimore Raven's running back Ray Rice was released by his team and indefinitely suspended by the National Football League. These penalties resulted after the release of footage documenting Rice knocking out his future wife in an elevator. Immediately, there was an outburst against the NFL commissioner, Roger Goodell and the League as a whole. Despite a huge transformation of the discipline system in 2007, the National Football League is still lacking an effective and fair procedure for dealing with domestic violence.

Following a season in which 50 NFL players were arrested, Goodell implemented a tougher personal conduct policy. With this remodeled system, he became both the judge and jury of every case. This gave Goodell a great deal of power, but also made him responsible for any incident that was not handled appropriately. He said he wanted to discipline players without involving law enforcement because, "it is [his] job – not law enforcement's job – to protect the National Football League." Whether or not Goodell has done a respectable job upholding this statement is highly debatable.

When examining the

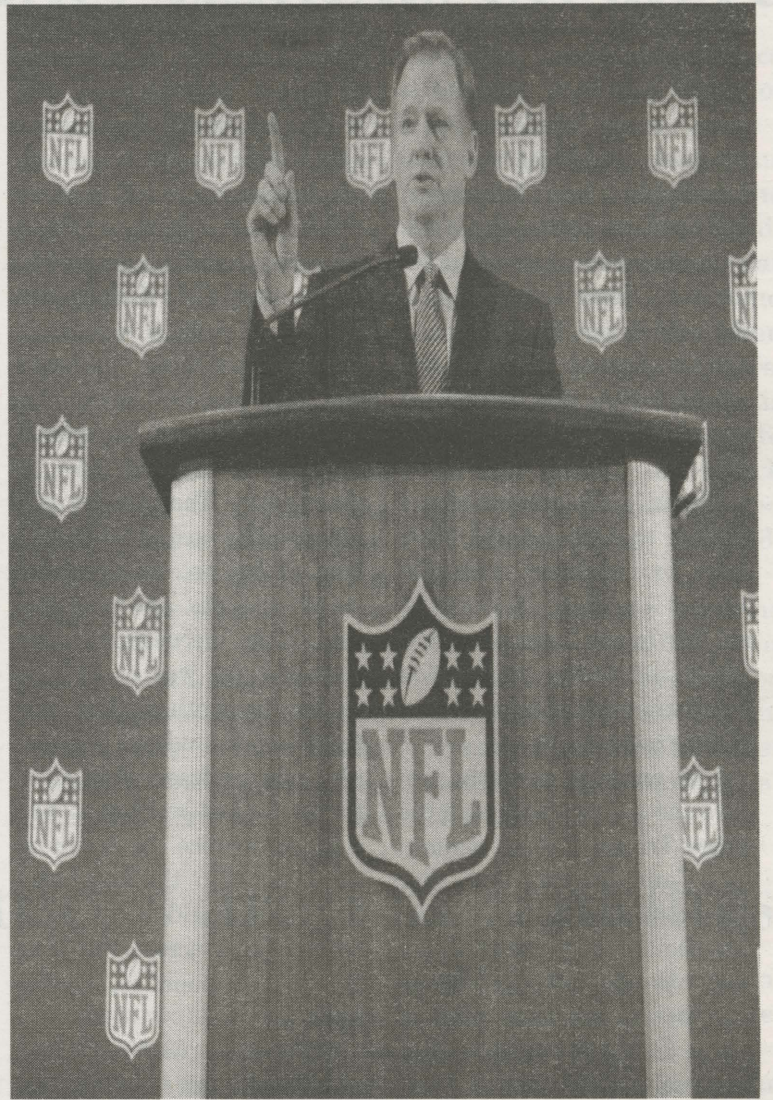
League's past punishments for crimes, there exists a history of lighter consequences for domestic violence compared to other violations such as drug use, weapons charges, and drunk driving. Most players guilty or accused of domestic violence only received a one game suspension while other crimes have garnered suspension from up to four games.

Though unsettling, there are many more examples that demonstrate the NFL's lenient attitude towards domestic violence. In 2011, Green Bay Packer's linebacker Erik Walden was arrested on suspicion of assaulting his girlfriend. Even though the charge was reduced to disorderly conduct and then dismissed after Walden agreed to perform 50 hours of community service and receive counseling, he was only suspended for one game. Two months preceding Walden's arrest, Cincinnati Bengal's wide receiver, Jerome Simpson, received a three game suspension after police seized two and a half pounds of marijuana sent to his home. The difference in punishments is disturbing.

The nature of crime is not the only factor in the League's decisions, the importance and influence of the player is also considered. In 2008, three Pittsburgh Steelers players were accused in do-

mestic violence cases. Two of the players were considered extremely crucial to the team's effort to advance to the Super Bowl and were subsequently spared from suspension. The lesser-known third player was promptly terminated from the team in just hours following his arrest. The player that was let go never played in the NFL again. The video of Ray Rice's assault has only now shed the light on this long time problem.

In addition to the media attention given to Ray Rice's crime, news outlets have also been closely following the arrest of Minnesota Viking's Adrian Peterson resulting from allegations of child abuse. Both of their initial punishments were laughable. Rice and Peterson's initial punishments were suspensions of only two and one games, respectively. It was only after public outcry about the lacking consequences that their rulings were increased to indefinite suspensions. Goodell also decided to add a six game suspension for first time domestic violence offenders as well as a lifetime ban for second time offenders to the NFL discipline system. He also wrote a letter to all teams in the League apologizing for the failure of the system. These are needed and promising improvements, but it is upsetting that it took a horrific video to prompt their creation.



COURTESY OF nydailynews.com

NFL commissioner, Roger Goodell, addresses new policy changes.

Although Rice is unable to argue whether or not he abused his wife due to the release of the video, he is still advocating against his indefinite suspension. It is completely baffling for him to expect to be able to have his job again after committing such a horrendous act. Not only that, he had been previously deceptive and not forthcoming about the reality of the situation. Rice already got off easy in the court system by entering a pretrial intervention, which included the expunging of the felony charge of third degree aggravated assault after one year.

He rightfully deserves to be indefinitely suspended by the NFL. While many are shocked at the singular fact that he punched his then-fiancée, others are still even more horrified to see what occurred before and after the knockout punch. After Rice's initial punch, his then-fiancée lunged at him only to be punched a second time, knocking her out cold. Without hesitation or any sign of remorse, he went on to drag her unconscious body out of the elevator. Rice's defense is that League was aware of the video prior to his original two game suspension and that the

increase of his punishment is a violation of double jeopardy. Regardless, Rice should not be allowed to play in the NFL again anytime soon. Amid all of this controversy and past offenses, some have blamed the victims.

In 2010, NFL legend Brett Favre was accused of sending inappropriate texts and pictures to New York Jet's employee Jen Sterger. Sterger said the case was handled in a way where she was treated as if she was the one who did something wrong. Favre was later proved guilty. In May, following Rice's repulsive attack on his wife, the Baltimore Ravens tweeted "Janay Rice says she deeply regrets the role that she played the night of the incident." The tweet was later removed, but its effects are still present. Women's rights and domestic violence victim support groups have called on NFL sponsors to withdraw their support until Goodell is out of office, or drastic measures are taken to correct the discipline system.

While what happened to Janay Rice in the video is harrowing, it may just be what the NFL needed to fix its standards when it comes to handling domestic violence committed by players.



COURTESY OF eurweb.com

Ray Rice and his wife, Janay Palmer, hold hands as they arrive at the court hearing.

Threat to campus leaves many confused and concerned

MADISON OCHS '18
STAFF WRITER

Despite how silly the emails may have sounded to some, many students were genuinely afraid of the message that a "threat to campus" was sent out last week—a few even changed into sneakers between classes in anticipation of the need to flee from a lunatic alumna. Others used Yik Yak as an outlet to comment on how humorous the situation seemed.

Should all students have reacted the same way? Were some too cautious, and others too cavalier? It really is not fair to say because of how much indefinite information was flying around from dozens of different sources.

In order to properly prepare the student body and the entire Trinity College community, Campus Police and other administrative bodies on campus should equip the students with specific information, as well as a consistent plan of action for the few times a situation such as this arises. Communication is key in times of stress. The day that a plan is needed should not be the same

day when that plan is created.

Part of the reason the reaction from the student body was all over the map was due to the fact that the email originally informing the campus about the threatening woman lacked a lot of concrete information. Campus Police reported that the woman was an alumna of the College who wanted to return to campus and do something "newsworthy," but provided little other information except for a brief, and rather generic, physical description. The concept of a newsworthy action started a bout of brainstorming among many students, and even took over class discussions. Some assumed she was on campus to do the unthinkable: take the lives of students and faculty. One professor claimed he knew she just wanted to hold a prayer service. An entire lab class came to the conclusion that she would most likely be streaking across the Main Quad. The point is, no one knew for sure.

Of course Campus Police would have informed the student body and the faculty if they knew her plans, but the lack of specificity threw stu-

dents into a tizzy. It would have been inappropriate to release the woman's name, but what about speculating on why she would want to return to campus? What about information from her family about the woman's mental state and her potential plans? Campus Police mentioned in the email that they were working with the Hartford Police force to try and track down and learn about the woman. Did anything come of the collaboration? Would they bring the Hartford Police into any situation like this or was there something that triggered the need for a stronger response team? If the latter, what was this trigger? All of these questions could have been addressed, and yet weren't. Campus Police did an incredible job handling the situation and does so on a daily basis, but the most effective way to keep the community safe is to have each and every community member on the same page. Some people were ready immediately, and others needed more convincing about the severity of the issue. That's where the extra information could have been useful. Even slightly more detail to

narrow down the possibilities would have garnered a more overall serious reaction -- from the students, especially.

As mentioned, the students' emotional reactions to the email thread about the threat were all over the board, from genuine terror to complete dismissal. Physical reactions varied as well. Some chose the sneaker route in case they needed to run away from a threat. Some moseyed to class as if it were a normal day. Still others ignored the part of the email that said partaking in normal activities was safe, and chose to skip class for their own safety. The inconsistency, from the perspective of both Campus Police and the administration, was quite concerning. What if the alumna really did intend to harm members of the Trinity College campus? Those students dismissing the email warning would have been endangering themselves by not being ready for a potential threat.

Can these students be blamed, though? Certainly not. A consistent plan of action or recommendation should have been included in the email, and information from any and

all sources should have been consistent in content and tone. For instance, the woman was a threat, but people were free to be outside and act as though it were a normal day? She wanted to do something newsworthy, but most likely wasn't dangerous? A professor said she wanted to pray, and a TA said she wanted to cause harm? It's no wonder the students didn't know how to respond.

The solution to this is not difficult, but requires advanced planning on the part of campus leaders, administrative officials, and Campus Police. A protocol should be established on what information to release and how to release it. For a situation like this with so many variables, those in charge of campus safety should be in near-constant communication in order to develop a plan and spread the word on just how students should react. With everyone on the same page, the reaction of students would follow suit, and everyone on campus would be safer for it. Preparation is key, and having a basic outline of what to do in these rare occurrences helps keep everyone on their toes without tipping over.

U.S. Government should address immigration issues

BRENDAN GAUTHIER '15
CONTRIBUTING WRITER

Executive action on immigration seemed inevitable after reports reached the public ear of the influx of Central American children entering the United States at its southern border.

Ideological, geological and demographical factions drew their rhetorical guns with the uncommonly shared notion that something needed to be done.

After separate House and Senate bills failed to gain the necessary support, the lime-light shone on the Oval Office.

President Obama had the executive authority to make any number of legislative efforts (among them amnesty) to curb what many believed to be a humanitarian crisis and fill in a rather large crack in the foundation of U.S. Homeland Security. He, nevertheless, chose the route of inaction.

On September 6, the President announced that he would not move on immigration reform until after the midterm elections, a decision influenced by Democrats' fear of losing a majority stake in the Senate.

The irony here is that Senate Democrats think wiping their hands clean of a popular issue will absolve them of blame come November.

Former House Majority

Leader, Eric Cantor, would surely attest that submitting to Congressional inaction in a period of partisan extremism is a costly political strategy.

American party identification is a lesser-of-two-evils proposition. Voters are beginning to take note of fringe candidates as a form of protest against the perceived stagnancy of a centrist government.

Politics are cyclical and House Democrats now face a stubborn onslaught from the far right in the form of resurgent Libertarianism.

A vote for a third party Congressional candidate is a vote against one's own interest. The greatest threat to the fluidity of the Legislative branch the squeaky wheel like Texas Senator, Ted Cruz. His vocal opposition to the granting of amnesty to some 50,000 unaccompanied minors has exacerbated the partisan tension that continually plagues our "do-nothing" Congress.

Experts on the issue have defined Obama's inaction on immigration in simple terms, without due consideration of the complicated economic and militaristic web that is American foreign policy.

For example, the media has recently portrayed Honduras — a major source of underage refugees — as being crime-ridden and corrupt. This depiction is not entirely untrue. Accord-

ing to the most recent Human Rights Watch world report, Honduras had the highest murder rate in the world in 2013.

Stats like these cause us to view violence in Honduras as a characteristic of culture akin to the prevalence of baguettes on the backs of bicycles in France. We often fail to look deeper and why Honduras has become a Grand Theft Auto incarnate.

In June 2009 Honduras' democratically elected president, Manuel Zelaya, was exiled at the hands of a Fascist shadow government headed by Roberto Micheletti. What is most important about the exile is that in the month following the Fascist takeover, the Obama administration refused to acknowledge Honduras' military coup as such. They also refused to support Zelaya's attempt to regain control of the country.

A political theorist would go crazy trying to find a legitimate reason for why the White House would want to remain inactive while Fascists stake unconstitutional claim to a country over which the United States has economic influence. Looking closer though, you learn that these are not your everyday Fascists. These are well-connected Fascists, which makes the question a little more complex.

In August 2009, the Foreign Policy Group reported that lob-

byist and former Clinton adviser, Lanny Davis, would represent the interests of the coup in Washington. Davis would have essentially acted as just another egghead lobbyist had it not been for his friendly connection to Hillary Clinton, who was still Secretary of State when the coup took place.

In a July 2009 cable between the U.S. Ambassador to Honduras, Hugo Llorens, and Secretary Clinton, Llorens labeled Zelaya's ousting as an "unconstitutional coup against the Executive Branch."

Regardless, Secretary Clinton and the Obama administration, by extension, continued to ignore similar calls for intervention in Honduras. Now, five years later, the U.S. is sending millions of dollars in military aid to Honduras annually.

In 2013, 21 Senators signed a letter to Secretary of State John Kerry that urged an investigation into the allocation of U.S. funding of cartel-controlled security entities in Honduras. In the letter, the Senators addressed "reports of corruption and extrajudicial killings" within the country's government.

Despite the concrete complaint, no tangible action on the issue has ever resulted from letter.

The Obama administration, advised by Secretary Clinton, legitimized and backed a car-

tel-run Fascist government in Honduras. This led to rampant corruption and subsequently resulted in Honduras having the world's highest murder rate. It also ultimately caused a domino effect leading to a human rights crisis and eventually ended with tens of thousands of Honduran children flooding to the U.S.-Mexico border. Now we've come full circle.

Whether for political, military, or economic reasons, the Obama administration has time and again buried its head in the sand when Honduras finds its way into national headlines.

To conjecture beyond the concrete evidence available is to invite conspiracy theories, which is not what this is about.

Just as 50,000 children don't disappear when the lights go off, drug traffickers and corrupt government officials will continue to terrorize Hondurans regardless of how many Senate seats the Democrats retain in November.

We are witnessing government at its lowest point of efficiency. We must use the unfortunate example that the political breakdown in Honduras has provided us in order to adopt a new political understanding and distill our tainted sense of American Democracy.

Only then will humanitarianism reclaim its purpose as an end and not a political means.

NEWS

Threat from alumna puts Trinity campus on alert

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wanted to make me aware as The Hall president.”

Dean Card wrote that Trinity’s initial reaction was to “act out of an abundance of caution, keep the campus community informed, but not cancel classes or scheduled activities at the College.” In addition, “Campus Safety called in extra staff and placed restricted access on college buildings. The Emergency Management Team was activated and the team established a communication link with the police and sent out notices and updates to the campus and to parents.”

Classen noted that there were numerous Hartford police officers surrounding Ogilby throughout that day, including one that remained in the driveway for the entire state of alert.

Campus Safety was extremely active and present throughout all areas of the campus throughout the threat as well. Throughout the day, the Emergency Response Team also followed up with vague emails to the Trinity community, informing them about building restrictions and the cautionary measures that were being taken by Campus Safety and Hartford police officers.

The last message that

the campus received stated that the Hartford Police Department had been in contact with the alumna and there was no longer a need for increased security on campus or limited access to buildings.

There was no follow up as to any of the details on the threat, who the alumna was, or what action was being taken in the future to ensure the safety of everyone on campus. When asked about further follow up or information for members of the Trinity community, Dean Card simply stated that Trinity College administration and the Emergency Response “continue[s] to review [their]

protocols and procedures to ensure that [they] can respond effectively to situations like these.” Dean Card did not comment on or give follow up information about the alumna or the lack of information shared with the student body.

There have been a variety of rumors traveling around campus including the name of the alumna and whether she was actually on campus on the day of the threat. It has been said that she was on campus throughout the day approaching students and saying various things to them. Others have said that the “newsworthy” dis-

ruption was to hold a peace rally in remembrance of 9/11.

In addition, numerous sources have said that the alumna returned to Trinity multiple times last year and attempted to attend events at The Hall. When asked about these rumors, Dean Card said that he is “not going to respond to rumors. [One] may check with [their] sources and determine if they are credible.”

Although the alumna has been identified, the Tripod has not been given permission by the administration to disclose her name or photograph at this time.

President draws attention to Trinity’s drop in rankings

CHRIS BULFINCH '18
CONTRIBUTING WRITER

Trinity College has long been considered one of the nation’s top liberal arts colleges, as much of the literature distributed by the College makes abundantly clear. As one of the “Little Ivies”, Trinity is well known for its exceptional reputation, which in turn is indicative of the quality education available to students. U.S. News and World Report publishes a (relatively) comprehensive list of colleges, ranked by a set of relevant criteria, in which Trinity has consistently ranked in the Top 50 Liberal Arts Colleges in the United States.

A disquieting development has recently come to the attention of the Trinity community at large—Trinity has fallen from rank 36 to rank 45 in the most recent issue. President Berger-Sweeney sent out a newsletter on Sept. 9, addressing the valid concerns, and pledging to make necessary changes to help reverse this trend.

The U.S. News Report rankings are determined by a variety of factors, namely faculty-to-student ratio, faculty salaries, tests scores of incoming students, alumni giving rates, and the college’s reputation. The first two characteristics are grouped by President Berger-Sweeney

as “faculty resources,” a critical set of metrics not only in terms of college ranking, but in terms of college functionality. A well-equipped and well-paid staff is far more likely to deliver the kind of life-changing educational experiences that define college life.

These experiences in turn would ideally create a dedicated base of alumni, who in turn could donate to the school, extol its virtues, and help the alumni giving rates, one of the more influential barometers of college performance according to U.S. News and World report.

Trinity’s statistics in these previous categories affect the world’s perceptions of the College, which in turn affects one of the most important metrics of the U.S. News and World Report’s ranking: reputation.

It is interesting to note that U.S. News report regards reputation not as a compendium of alumni experience or the quality of candidates in the job market coming from Trinity, but rather what colleges think of other colleges.

U.S. News and World Report asks the vast majority of well-known colleges to review one another—on the basis of the aforementioned metrics—and rank their peers. The average of these lists ultimately

becomes one of the U.S. News and World Report’s metrics that influence the overall ranking chart.

Given that Trinity’s rank has fallen fairly substantially in recent years, it stands to reason that the College is somehow deficient in these areas relative to its competition.

President Berger-Sweeney can’t realistically comment on exactly how the College wound up in the position it’s in, but she assures the community that steps are being taken to address the problems of the school. Looking at relevant information, understanding the college’s past, and looking to the future are the current prescriptions for Trinity’s ills.

Nonetheless, the question persists; why has Trinity fallen in these barometers? Some assert that the change in the Greek life scene has disillusioned some alumni, leading to lesser donation rates.

Others believe that Trinity needs to be more selective, that there is a party culture here that takes away from the all-important academics. Some believe that class sizes are an issue, and that we need to find the ideal median between small classes and lectures – the former being one of the benefits of a small liberal arts col-

lege.

President Berger-Sweeney believes in finding the ideal class size for each type of class not to enhance our statistics, but to find the number of students where each class delivers the best possible lessons and classroom experience. Furthermore, Trinity needs to expand its applicant pool, geographically speaking. While we have strong interest from the northeastern United States, a greater geographic diversity would bring new minds and ideas to the campus, always a good thing to have.

Whatever the cause, Trinity needs to focus inward, on having the best available teachers, classes, and students—goals towards which President Berger-Sweeney is working.

Increasing alumni donations, expanding applicant pool, and getting the word out about the great things being done here are all goals of the College.

In the words of President Berger-Sweeney, “This is something we can change. I don’t think that we are getting out enough of the great things that we’re doing. Every member of the Trinity community is empowered to change public perception.”

All of this to-do about the rankings begs an interesting question: Are

we beholden to the opinions and values of exterior institutions?

What U.S. News and World has to say affects the applicants to the school, both students and professors, which in turn will affect the academic careers of thousands of students, and potentially cost the school millions of dollars. Academia is a business, and at the end of the day, good reputation and good PR are worth their weight in gold. This brings up an intriguing line of thought; are schools becoming preoccupied with their image to the point that they manufacture the great experience had there, which is disingenuous.

President Berger-Sweeney, expounding on her own experience as an administrator at both Wellesley and Tufts, has an interesting philosophy to this end: “You don’t want to be subordinate to the rankings but you don’t want to stick your head in the sand—if there are demonstrable ways to improve reputation, I think that’s important...”

But ultimately, it’s the quality of the education that matters, a sentiment that President Berger-Sweeney believes firmly in, and the College will strive to maintain and improve the quality of a Trinity education.

Trinity loses beloved community member, Peter Knapp

continued from page 1

him. "One of the things that I took away [from Knapp] is the way he worked, the way he treated people and the way he acted. He inspired my leadership and he continues to inspire my work," Arneth said. "He treated everybody with such a great amount of dignity that it inspired you to do the same thing."

Arneth continued that Knapp was an extremely calming presence, "You can work with him, you can do almost everything with him because he just had that wonderful way about him."

Arneth went on to say that he liked the way that Knapp always thought everything through before he said something, "He never spoke rashly, he never spoke out of anger. In fact, in the four years we were together, I probably only saw him angry once. And there were many incidents when he could have gotten angry, but never did. He



COURTESY OF www.trincoll.edu

Knapp, a long-time Trinity employee, was the College Archivist and Special Collection Librarian.

kept his head."

Arneth went on to talk about how Knapp always wanted to find the perfect word for every thing, whether he was speaking or writing. He cared deeply about using just the right word or phrase in his writ-

ing and speech.

Arneth remembered that Knapp half-jokingly mentioned that he had 20 boxes full of drafts of the book, "Trinity College in the Twentieth Century." This is a testament to the care and passion that he

put into all of his work.

Arneth went on to talk about how much Peter Knapp loved Trinity, "He enjoyed the students and the time that he got to spend with them. He loved what he did."

"Trinity College in

the Twentieth Century," Knapp's legacy, was published in 2000. Arneth said that in writing the book, Knapp was a consummate scholar.

Knapp and his wife, Anne, described the changes that Trinity went through during various wars.

The volume depicted images showing how the College looked at its previous location. The book shows that Knapp saw the College grow and develop from the time that he was a student in 1961 to the present day.

Arneth mentioned that Knapp was extremely proud of the College's legacy and that he remained proud of the College to the present.

For Arneth and many others who knew Knapp, he will forever be a part of the Trinity community.

He gave so much to the College and its members over the years. Our condolences go out to his family during this sad time.

Intruder with knife breaches White House

FORREST ROBINETTE '16
EDITOR-IN-CHIEF

This past Friday, a man with a knife jumped the fence surrounding the White House and managed to get through the residence's front door before being apprehended by the Secret Service. Neither the intruder nor any agents were harmed during the breach. President Obama and his family were out of the house when the incident took place. They had left moments earlier on their way to Camp David for the weekend.

The individual's name is Omar J. Gonzales and White House officials have said that they have no reason to believe that he is connected to any terrorist organization or protest group. On Saturday, he was charged with unlawful entry into a restricted area while carrying a dangerous weapon.

The intrusion took place at 7:20 p.m. on Friday. Gonzalez started to climb the fence and officers stationed inside the gates began running toward him. They did not fire at him because they concluded that he did not have a gun and did not appear to be carrying anything that might contain explosives. In White House security protocol, agents are sup-

posed to hold their fire if an intruder does not appear to be armed. The moment that Gonzalez reached the grand entryway, agents stationed inside the house tackled him. It is likely that the restraint shown by the Secret Service saved Gonzalez from serious harm. However, it was this restraint that allowed him to get so far into the premises. The Secret Service put out a statement on Saturday afternoon saying that "although last night the officers showed tremendous restraint and discipline in dealing with this subject, the location of Gonzalez's arrest is not acceptable." In the wake of the attack, the Secret Service is reexamining its security procedures.

Senior Secret Service officials raised several questions about the handling of the incident. The foremost being why the Secret Service agents on the grounds didn't release the White House attack dogs when Gonzalez jumped over the gate and sprinted across the lawn.

As of Sunday, the Secret Service is considering implementing checkpoints to screen White House visitors before they are allowed to enter the public areas around the residence.

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FEATURES

Whitney Gulden '16 on studying abroad in Scotland

WHITNEY GULDEN '16
CONTRIBUTING WRITER

I ran away from Trinity at full speed after my sophomore fall to the small town of St. Andrews in Scotland. When you think of Scotland, you will probably think of rain and foggy hills and men in kilts without knickers on. Most (really, all) of this is true. The University of St. Andrews is just over an hour from Edinburgh and twenty minutes from the closest train, located smack on the east coast of Fife on the North Sea. The tiny town has four streets, three beaches, eight thousand university students, and is famously where Kate met Will. The Kate Middleton and Prince William that are currently expecting their second adorable royal child.

While most of my friends started thinking about going abroad as a junior, I was already 3500 miles away and completely alone.

I went to St. Andrews with a program nicknamed IFSA, or the Institute for Study Abroad of Butler University, which puts groups of students together from all over the country to study abroad through over 100 programs in 17 different countries. As I had hoped, I was the only Trinity student in the entirety of Scotland and completely alone.

With zero friends and only a few distant acquaintances who attended full



COURTESY OF Whitney Gulden '16

Gulden takes a late afternoon walk in the St. Andrews Cathedral graveyard in Scotland.

time, I was free of the Trinity bubble that had started to suffocate me. In Scotland I ate whatever I wanted, met multitudes of full-time students, tried tons of student clubs, attended every social event, and was amazed at how much the full-blooded Scots and Brits could drink.

You see, at St. Andrews students go out almost every night of the week and

drink more than I thought humanly possible at many points (yet never really lose control or grace) because everyone is of legal age. There are no fraternities so students flock to pubs, bars, social clubs, and even the student union bars. The student union has not one, but two full service bars.

Unquestionably the best thing about my time at St. Andrews were the balls. Black tie, fancy dress, old school balls. I went to every ball that my body could handle. Starting with The Arabian Nights ball (my hall/dorm's ball) at Kinkell Byre Castle, to Carnival Ball, to Glitter Ball (for the LGBTQ group) at the Old Course Hotel, to Big Top Ball (circus-themed), May Ball (the last ball attended by over 2000 people), and an almost frightening amount of launch parties and other events. The balls were very glamorous and really different from any college events that happen stateside.

The novelty of boys (really they turned into men) dressing up for parties in blazers and black tie never really wore off on me. The Scots really know how to dress.

Perhaps my favorite events were hosted by the Wine and Cheese club, which I had immediate-

ly become a member of. At these parties you paid about 10 quid (pounds, or roughly \$17) to eat as much wine and cheese as you could get your hands on. The night would start out with whites before moving to rose, and a rainbow of reds that were sure to leave the attendees in fantastic spirits before going to a bar later. It was at my second wine and cheese event that

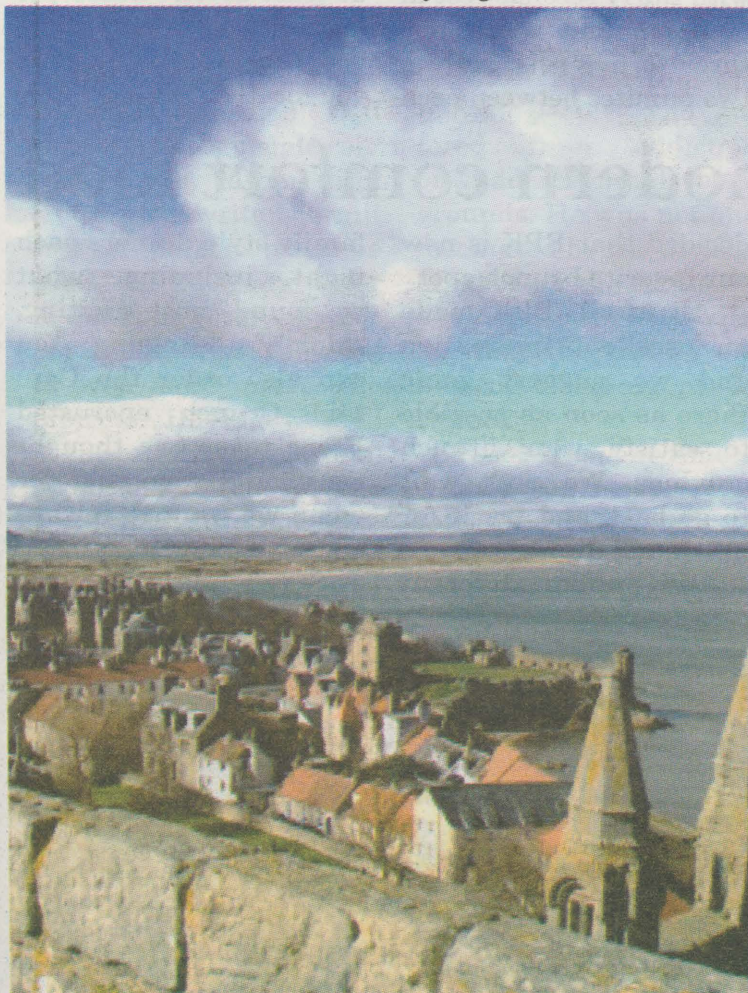
I met Hugo and Bella.

I feel compelled to mention Hugo and Bella because in different ways they were such a huge part of my time at St. Andrews. Bella became my best friend and we were absolutely inseparable, she even came to Trinity to help move me in and get what I jokingly refer to as "the American College experience". I still talk to her almost every day and have huge amount of St. Andrews FOMO because of it. Hugo was my study abroad romance who has a British accent I can only think to compare to Mr. Darcy in *Pride and Prejudice*.

He was a history major and took me on long walks/coffee dates on West Sands (the beach in St. Andrews that was the opening scene in *Chariots of Fire*, not kidding) telling me stories about the history of Scotland and England.

Since I brought up the history of Scotland and England, I'm going to comment on the results of the Scottish referendum. For those of you who can't be bothered with international news, Scotland recently voted on separating from the UK.

This was a huge deal and the main topic of conversation last spring. The final result (with an 85% voter turnout) is about 45% for independence and 55% to remain in the UK. Delighted to be United, God Bless the Queen.



COURTESY OF Whitney Gulden '16

A stunning view of the town from atop St. Rule's Tower.



COURTESY OF Whitney Gulden '16

The Kate Kennedy Club Parade marches through town.

Madeleine Kim '16 shares secrets to a successful workout

MADELEINE KIM '16
CONTRIBUTING WRITER

The Ferris Gym can seem intimatding for those students who rarely go the gym to workout. It's a huge room and everyone can see everyone else, but college is probably the only time in your life when you will have a free, all-access gym membership and a class schedule that leaves you open blocks of time throughout the day. Forget the freshman fifteen and take advantage of this opportunity to get in the best shape of your life! Here's a quick guide on how to get started.

If your goal is to start hitting the gym on a regular basis, having a workout buddy can make all the difference.

Besides holding you accountable for workout times, your buddy can also act as a spotter, form-checker, and personal cheerleader.

Prepare your post-workout snack. After a hard workout you'll probably be hungry enough to eat everything in sight, which makes Mather a dangerous place. Avoid binges that negate your hard work by preparing a filling, protein-rich snack that you can consume right after you leave the gym.

Eager as you may be to jump right into your workout, as little as five minutes of stretching can save you from injury. Plus, greater flexibility means greater mobility, and therefore greater depth in your lifts. Try three rounds of holding a hip flexor stretch,



COURTESY OF trincoll.edu

The Ferris gym no longer needs to be a scary place for people who typically avoid it.

downward dog, and child's pose for about ten seconds each for a quick yet effective warm-up.

Unless your goal is endurance, you're probably doing cardio to burn calories and drop pounds. If that describes you, I have great news: the most effective cardio workouts can be as short as ten to twenty minutes in length. Swap out your laborious, forty-five minute elliptical session for fifteen minutes of interval training on the treadmill or stationary bike. Not only will your workout be quicker, you'll also jumpstart your metabolism and keep burning calories for hours after you leave the gym.

If you're new to weightlifting, machines are a

great way to start building up strength with a lower risk of injury than with free weights. Try the leg press to strengthen your squats or some lat pull-downs if you're working toward pull-ups.

Machines are a great way to get comfortable moving weight around, but free weight exercises are ultimately the most effective way to build strength; by utilizing stabilizing muscles, they cause more muscle fiber contractions.

For an amazing full-body workout, try choosing a squat movement (back squats, front squats, split squats), a push movement (bench press, shoulder press) and a pull movement (one-arm dumbbell rows, pendlay rows, dead-

lifts) to complete with free weights for a few sets. Especially if you're new to weightlifting, be sure to focus on form to avoid injury. When you're trying out a new exercise, look up tips on form first, then have a friend watch and correct you.

If you're like me and you see the treadmill as a torture device, there is still hope for cardio in your future! Try choosing three to five of your favorite bodyweight exercises (my favorite five are squat jumps, push-ups, jumping jacks, burpees and mountain climbers), then do each exercise for thirty seconds with thirty seconds rest in between, and repeat for three to five sets, resting two minutes between each

set. As you build up your endurance, you can increase your active period and decrease your rest period for a bigger challenge. Bodyweight intervals are almost too good to be true. You'll finish your workout in under half an hour, your metabolism gets kicked into calorie-burning mode for the day, and you can do it anywhere—even in your tiny dorm room!

After you workout, make sure to hydrate with water. Especially after intense bouts of cardio that leave you sweating, replenishing your body's fluids is key. For an extra boost of hydration, try electrolyte-enhanced water or coconut water, which is naturally rich in electrolytes (and high in carbs, to help rebuild muscle after heavy resistance workouts).

Right after your workout, aim to have a meal consisting mainly of lean protein and carbs. If you're on the go, try a protein shake with coconut water or some plain greek yogurt with honey. Whenever possible, eat whole, unprocessed foods because they provide the most micronutrients and fiber to leave you feeling satisfied.

Lastly, make sure to get plenty of good rest before and after you work out. This may come as bad news to busy college students, but lack of adequate sleep severely limits your body's ability to repair muscles and shed fat after a workout. Aim for at least seven hours per night because your mind, body and soul will thank you for it!

Blue Plate Kitchen: A take on modern comfort food

HOLLIS ALPERT '16
KATIE ORTICERIO '16
CRISTIANA WURZER '16
CONTRIBUTING WRITERS

We figured if people talk about a place enough, it's got to be good. That's how we ended up at Blue Plate Kitchen. Located in West Hartford, right next to Noodles and Co. (if you're familiar), Trinity students have been known to flock to BPK for its brunch offerings. However, we found that it had extensive menus for every meal. When we first glanced at the menu we noticed a great variation in potential breakfast choices. From the cereal wall to chicken and waffles, Blue Plate Kitch-

en seemed to have it all.

Our server was exceptionally nice, immediately introduced herself, and made sure our food arrived promptly and still hot. We ordered banana chocolate chip pancakes, eggs benedict (again), bacon, and burrata. The banana pancakes were ginormous and scrumptious. We suggest getting just one unless you've had a particularly long night beforehand. The eggs benedict were perfectly oozy with cheesy hollandaise sauce, so good that we couldn't resist cleaning our plates. Just for kicks, we decided to order one of their specials, the burrata (gooey cheese with a mozzarel-

la-like outside). The bacon was crispy, which is an important breakfast requirement for us. As a major plus, they serve little bits of cinnamon rolls to start the meal.

With exposed pipes, metal tables, and suspended copper lights, the ambiance of Blue Plate Kitchen was undeniably modern yet comforting. It was obvious to us that careful consideration had gone into every aspect of its décor and service. On top of being a Trin favorite, it seemed like the other patrons were regular customers. If you're looking for a quick getaway from Mather brunch, this is the place to go. We unanimously

decided that BPK is now our favorite brunch spot.

All in all, BPK made an excellent impression and we suggest going there as soon as possible to satisfy your brunch cravings. We can't wait to go back and try it for lunch and dinner!

BPK offers different

family style dinners each night, including, what we found most exciting, "Mom's" lasagna. You can also order the Captain Crunch encrusted Frenc toast (we thought we should save that for when we want to reward ourselves).

Stay hungry!



COURTESY OF: Katie Orticerio '16

The burrata was a tasty choice from the special menu.

Arts & Entertainment

Guitarist Yovianna García performs at Trinity College

DAVIS KIM '15
CONTRIBUTING WRITER

On Thursday, Sept. 18, Trinity College was fortunate to host Puerto Rican classical guitarist, Yovianna García for a Common Hour discussion, as well as a concert in the evening at the Austin Art Centers' Goodwin Theater.

García grew up amongst a family of musicians in Puerto Rico and attended Conservatorio de Música de Puerto Rico; and later the Hartt School where she earned a masters degree in music.

While her musical talent brought her to the United States and placed her into many international contexts as evident in her collaboration with Taiwanese percussionist Sayun Chang, her recent music reflects back on her Puerto Rican background.

The panel discussion on Thursday afternoon gave García a platform to discuss identity, culture,

politics, and history that surround Puerto Rican music. Associate professor of the history department, Professor Luis Figueroa, as well as Dan Román, assistant professor of music, were also part of the panel. Students and faculty of the Trinity community gathered together to participate in an engaging and enlightening discussion.

The evening concert featured Garcia's recent solo guitar program, "Herencias," and also included compositions by Leonardo Egúrbida, José Ignacio Quintón, Ernesto Cordero, William Ortiz, Héctor Hernández and Trinity's own faculty member, Dan Román.

García's program consisted of an eclectic variety of pieces that was under the overarching theme of contemporary Puerto Rican music. To hear how such music was transformed within the span of a mere century was a fascinating experience, as well as a couple of hours in the Goodwin

Theatre. García's performance was filled with an intense, yet calm, passion, and her love for music was evident – perhaps because this is the music that embodied her culture and identity.

Many of the pieces that García performed showcased her masterful handling of her instrument, and brought out the unique timbres and delicate tone that the guitar has. "Prisma de mi Infancia" and "El Coqui" – composed by Egúrbida and Quintón respectively – were two such pieces that exhibited the multifaceted abilities of the classical guitar.

The undulating rhythms provided a steady and beautiful harmonic flow to the melody that presided over it, and the quality of sound that García produced was stunning. The melodies were never lost in the wash of sound, but were very distinct and clean, which is a testament to her high level of musical skill. García was also able

to use her voice in some of her pieces, whether they were to rap (in the case of "121st Street Rap"), or to sing (as in the case of "Y llegué hasta mí"). "121st Street Rap" is a composition by William Ortiz that represents the sounds that he listened to growing up in Harlem, and García was able to further portray those sounds through her guitar.

Perhaps one of the most impressive pieces on the program was a piece that was composed by García herself. "Y llegué hasta mí" was truly a piece that blew the audience away. From percussion instruments, to her vocals, to guitar; it was able to successfully combine all of these elements into a coherent piece that was a fascinating auditory experience.

Each component of the composition added something unique to the overall experience, bringing in new sounds, distinctive timbres, and different textures to the table. It is hard to say what

was more impressive: her playing of all the instruments by herself, or the way in which she incorporated the instruments into her piece.

A facet of her performance that may have escaped some people, is the high skill level required to perform some parts of the piece.

A specific instance of this would be the polyrhythms between the guitar, her foot tapping against her chair, and percussive sounds created using her mouth. Most people will say that it is hard enough playing two separate rhythms using two different instruments, but to do it with three was a sight to see, and again, reinforced the technical level of her musicianship.

All in all, the concert was remarkable and as García definitely intended, it was a musical journey that touched, educated, and inspired the audience, particularly in light of Puerto Rican culture and history.

Smith Reading Series begins with author Fred Bahnson

continued from page 1

He worked on this project for the next four years and realized his interest in the relationship between faith and garden-cultivation.

Although it was an amazing project for him, Brahnson acknowledged in the discussion that "working with people constantly was rather difficult for the writer-hermit sort of person [that he was]." In 2009 and later in 2012, he received writing fellowships that led to even more interesting projects. Having worked at the community garden, he decided to consider the way that different people of faith have initiated community gardens, as he felt that these were stories that were not being told. Thus began Brahnson's immersion into the lives of various communities of faith that followed agrarian lifestyles.

Over the course of his fellowship, Bahnson lived among four different communities. The first was a group of Trappist monks of the Benedictine tradition in North Carolina,

who were essentially a group of celibate men that prayed seven times a day, and worked on the farms at all other times. Bahnson described his time here as his week of "spiritual-rigor."

He then spent a while at a farm run by a Pentecostal church that employed people who suffered from addiction, or had criminal backgrounds. He was not only fascinated by the division of labor on the farms but also the religious rituals that the church employed, including prayer tunnels.

Next, he spent time at a farm run by a Protestant Church, as well as a Jewish run farm in Connecticut. In his writing, he attempted to use natural imagery as a metaphor for his experiences and encounters on these farms based on spiritual, as well as agricultural aspects. Brahnson read an excerpt from his time at each of the different farms and traditions, to the audience at Trinity.

Upon being asked about his writing habits during his time immers-

ing himself into community gardening cultures, Bahnson admitted that he had to set aside time to write everyday, but it was an extremely good balance for him to go back and forth between manual labor and writing.

He also clarified that while his ideas and opinions towards faith and religion are transparent in the book, he has written for a general audience, regardless of religious interests.

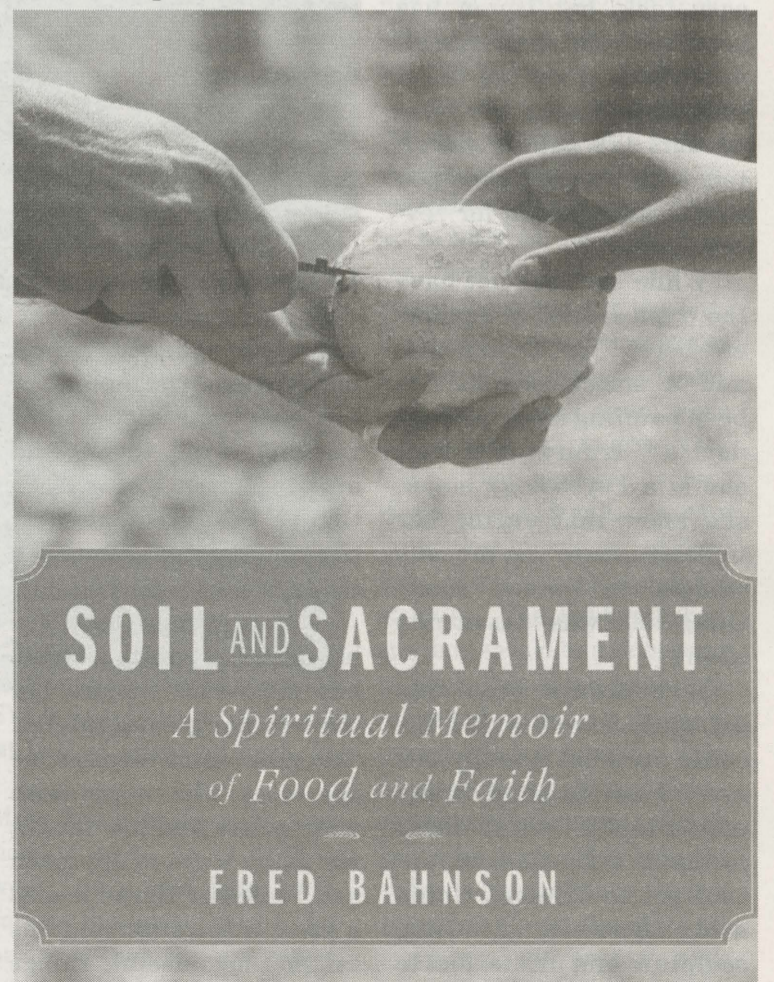
Furthermore, he admitted that in order to be able to successfully write creative non-fiction, he had to, and still continues to, unlearn the conformities of academic styles of writing that he had to adopt while at Divinity School.

Similar to his use of a garden as a metaphor in this book, he hopes to use a mountain as a metaphor to write another book that engages with his interests in hiking and skiing. His advice to aspiring writers at Trinity is to continuously read works by good writers, and to emulate their approach towards writing,

and lastly to focus on details and the things beyond the obvious. It was a privilege for Trinity to host the acclaimed writer, Bahnson, who is currently also the director of the Food, Faith and Religious Leadership Initiative at

the Wake Forest University School of Divinity.

Continuing the Allan K Smith Reading Series, Trinity will also host three award-winning poets, Lorraine Doran, Anna Ross and R.A. Villanueva on Oct. 2.



COURTESY OF www.trincoll.edu
Bahnson visited Trinity as part of the Smith Reading Series.

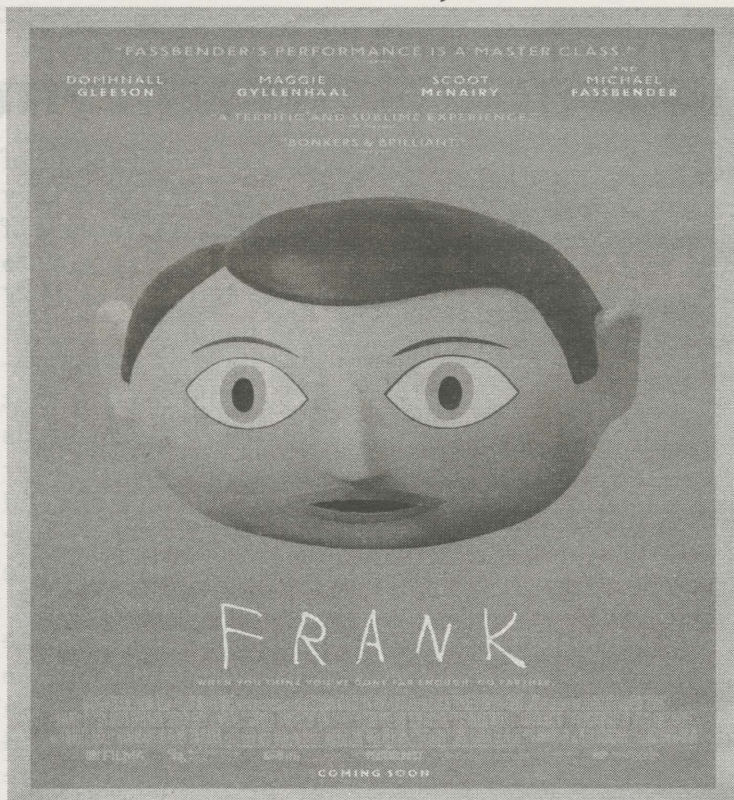
Coming Soon: "Frank," more than a fiberglass head

TRIP SLAYMAKER '18
CONTRIBUTING WRITER

The film, "Frank," is a simple movie. It revolves around a simple man with simple beginnings who happens to enjoy wearing a fiberglass head over his own, which makes it suddenly not so simple. Michael Fassbender plays Frank, who is the lead singer of an underground indie pop band from England, called "Soronfbrs" (don't worry, it's unpronounceable).

After their keyboard player attempts to drown himself, the band is left in need of a replacement. Jon, (Domhnall Gleeson) an aspiring, but talentless, musician is chosen to play. Jon's life is quiet, and boring. His town is a rainy and hyper clear variation on a theme: a nice place with no deficit of safety. He is not happy here, and knows that in order to get out, he has to become a great musician.

From the start, there are obvious problems with the dynamic of the band. They fight and squabble with one another, usually spurred on by Clara: a tall, dark and expertly shrewish Maggie Gyllenhaal. Each member of the band (several



COURTESY OF www.filmjabber.com

"Frank" will be shown at Cinestudio this coming Sunday.

do not speak, and if so, they only speak in French) is caught in the gravity of the enigmatic Frank. He captures every scene, and actually draws the eye across the screen. Frank is the beating heart of the movie, and there is quite a lot of heart. He speaks in a muffled singsong, but also teaches lessons and quietly tells

stories, reminding the viewer, forcibly, of Atticus Finch from "To Kill a Mocking Bird."

After their first show, "Soronfbrs" goes to Ireland, living in the woods in order to create what Frank believes will be their perfect album. This is where the fun begins, and where we start to wonder: "Is this all a weird dream?" Our

hero, Jon, doesn't fit in with the band - he is much too normal. Jon tweets and blogs his way through the movie, reacting to weirdness much in the way that the average person would. It's a more comfortable way to see the twisted and wonderful band members being themselves - from the viewpoint of someone who thinks like we do. Watching these creepy rock stars live like Vikings in the forests of Ireland couldn't be more fun and thought provoking if it wanted to.

Months pass in montages. Jon grows a beard, and becomes a real member of the band, but even kind and accepting Frank won't play his music. Instead the band chooses to sing about stews and carpets, rather than love and emotion. The cast sings and plays its own instruments live, and the effect is bone chillingly unnatural and totally appropriate. Some of the music alone will make you laugh out loud.

This movie is hilarious. Fassbender shines even through his head as Frank - making us love him more, and beyond that, making us believe in the idea of him. It is an exercise in bonkers fun - the

reason for it's quality is that it doesn't, for the most part, try to be more than it is: a sweet, gimmicky, satisfying tour of a world without conventions. "Frank" is a special movie to everyone who watches it. It tugs at the heartstrings like a gangly thirty something hipster plucks his bass guitar, and makes you think, "This is mine."

Unfortunately, while that kind of moviemaking is daring and fearless, there is a bit of an overreaching motion to the movie as well, exclusively toward its end.

The whimsy that once propelled us is lost, and replaced with a sad, and truthfully confusing message about mental illness that isn't really necessary.

I won't lie to you - the last fifth of the movie is a stone cold downer, which starts to sour the feel of gentle mania that lives everywhere else. "Frank" makes us laugh, but shouldn't really be trying to make us cry. That said, it is well worth the ride, even if just to find out "what's going on inside that head...inside that head."

"Frank" will be featured at Cinestudio from Sunday, Sept. 28 to Tuesday, Sept. 30.

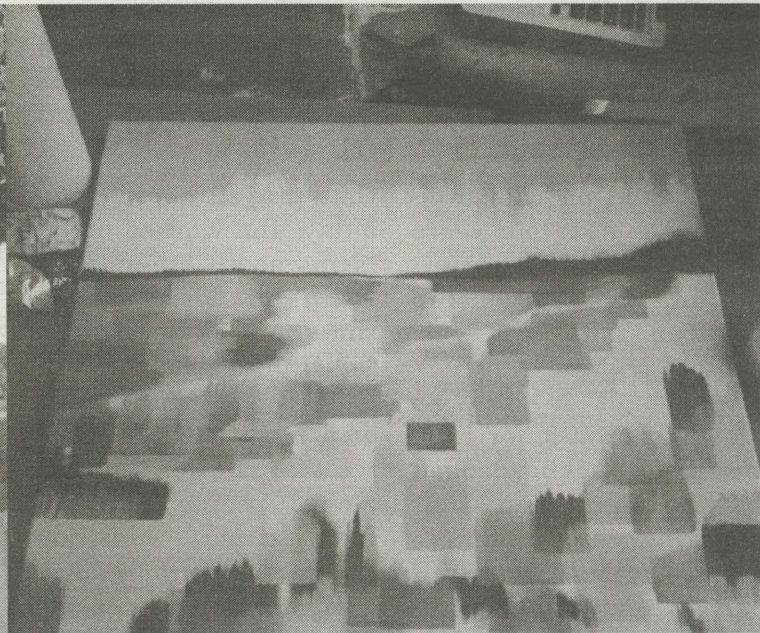
Bantam Artist of the Week: Annie Upton, passionate painter

ANA MEDINA '16
A&E EDITOR

If you've ever bumped into senior, Annie Upton '15, you would notice that she is often in an athlete's outfit—running shorts, a t-shirt or sweater, gym shoes, hair up in a bun, and a headband. Balancing academics and sports is no easy task, but Upton has been up to the challenge all four years of college. As if that doesn't keep her busy enough; as a painter she often finds herself absorbed into a masterpiece for several hours.

While she may not have the "typical look" of a painter—beret, paint smears, and a smock—Upton has been painting since her first day at Trinity. Although she is a Psychology major, she knew that during her undergraduate career she wanted to pursue something she was passionate about.

"I've always been into art since I was a kid because my mom is really artsy... I use to paint in my aunt's studio but [I didn't formally take classes] until I got to Trinity," Upton said. Between drawing, sculpture and prints, just to name a few, she had an array of choices when it came to choosing the medium



COURTESY OF Annie Upton '15

Upton enjoys painting landscapes and she focuses on color in her work. One of her favorite paintings is pictured on the right.

she wanted to focus on for her Studio Arts minor. "I love color, so I knew I liked working with them, and drawing doesn't always do that. I [also] like abstraction and that helps me push the limits with my pieces."

Upton admits that she has many favorite artists, but none that inspire her the way her great aunt has. "My great aunt inspires me the most. She works with watercolors and has taught me many ways to approach art. Professor Byrne is also a great inspiration and has taught me useful things about the art world." Along with these role models, Upton also finds colors and

landscapes to be her biggest muses. "I'll get really inspired by a color I see, [but I also get inspired by] landscapes. I love painting the landscape of Lake Michigan, which is where I'm from."

Her deep love for colors and landscapes help define her painting process. "I typically pick a photograph or landscape I really like and focus on the colors. I use that to begin my piece." From here, she will often use tape as a straight edge to make the colors look like they're coming off. Many of her pieces have been showcased at Trinity's galleries throughout the year, and

others are proudly hanging at the homes of her family members.

In a world where art can be anything, Upton shares that she likes painting because, "I like the idea of a blank canvas and that there are really no rules. You can really do what you want with it and I love to see when people interpret the abstract."

One of her favorite creations is a piece that she recently completed. "I just really like it because it's of a place that I love and it's based off of a photograph [from] a great day. I love how it turned out [and] it also has a meaning to me."

Upton does not see herself pursuing art professionally, but plans to keep up with it as a hobby and a passion. However, she admits that she wouldn't mind teaching an art class to student under the age of fifteen.

To aspiring artists, or students looking to indulge in the arts, Upton encourages: "Don't be afraid to try something new. No idea is too crazy and really hone in on what your own creativity is. Don't feel the need to hold back because art is all about pushing limits. No matter what you create it is art because it is an original piece by you."

SPORTS

Hunter Drews '16: Bantam Athlete of the Week

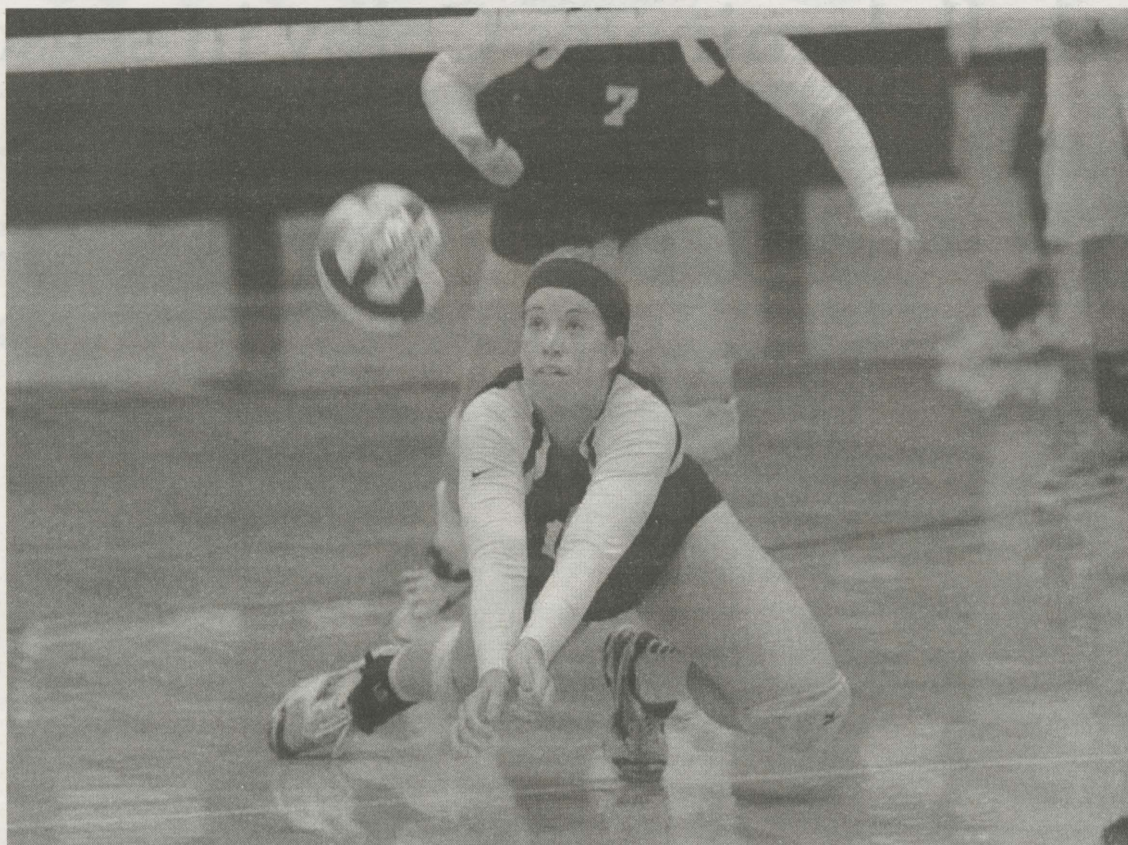
ANTHONY ZUCARO '16
CONTRIBUTING WRITER

The Trinity College Volleyball Team has been leading themselves to a winning record so far this season, and one of the biggest reasons behind these victories is tri-Captain Hunter Drews '15. Hailing from Clifton Park, New York, the outside hitter has excelled in her performance as a Trinity College Athlete. Starting now for multiple years, Drews has demonstrated her amazing skills in decimating opponents with her powerful serves and spikes on offense and her ability to shut down opponents on defense.

Drews has always held a passion for sports, but her inspiration unexpectedly came from another sport entirely: soccer.

"Mia Hamm was my favorite athlete growing up because I just loved her passion for soccer." She explained. "She was a fantastic player as well as a supportive teammate and I think that's the most important thing you can be as an athlete when you're a part of a team sport"

Drews has been a consistent performer on her volleyball teams and has always



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Tri-Captain Hunter Drews '16 leads the Trinity Volleyball team with 25 saves thus far this season.

produced results, even as an underclassman. She is very much a believer in hard work which really helped her improve in her high school career.

"During my sophomore year in high school, we won our sectional championship for the first time in twenty years. It was an amazing experience

to accomplish something that hadn't been done in so long, especially with a group of girls that worked their butts off for three months to get to that point."

With her strong pedigree, Drews has consistently contributed to the Trinity Volleyball team, including a team best 9 digs in one of their

last games against Amherst. Hunter is aware of the many challenges the Bantams will face in NESCAC play, however she looks back on past defeats as a valuable learning experiences. "One of the most exciting experiences I've had with this team is when we were competing in the NESCAC tournament last year

and ending up losing in the 5th set 13-15 to Bowdoin. It was a heartbreaking match, but we went point for point with them the entire game and left our hearts out there on the court."

Despite this setback, she has confidence in the playing ability of both herself and her teammates. Drews is a strong presence on the team, both on and off the court. After their latest game, she had only good things to say. "I think we're going to have an awesome season. We have a great group of freshman that are really adding a lot to our team, and all of our returners have a lot of valuable experience, so I think we're in for a competitive and successful year. I think it's promising that we have such a diverse team that is ready to do whatever it takes to win."

Currently, Hunter and the Volleyball team have a winning 7-4 record, which includes wins against Brandeis, Western New England, and most recently Endicott. However, there are plenty more challenges ahead for the Bantams, including matches against Connecticut College, Tufts, and Middlebury. The squad's next game will take place on Sept. 26 at home against Wesleyan.

Women's soccer records scoreless draw against Colby

JUSTIN FORTIER '18
STAFF WRITER

Unfortunately for Trinity soccer fans, this weekend's women's game against Colby resulted in a scoreless draw. The Bantams were unable to best the White Mules through two overtime periods. Coming in to the match, both teams had suffered two losses against NESCAC opponents but Trinity had a better overall record of 3-2, due only to a number of wins against out of conference teams such as Wheaton and Manhattanville.

The 110-minute scoring draught was not without its thrills, but in the end the Bantam's home field was unable to generate the excitement that the fans were craving. Trinity goalkeeper Monica DiFiori '16 made six saves to record her third shutout of the season, while Emily Brook, a senior at Colby, turned aside all nine shots she faced for to earn her second clean sheet of 2014. Pretty impressive work, the Trinity College women's soccer team has showed a defensive prowess like no other, keeping the opposing players well marked to limit quality shots on net, evidence by Colby only being able



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Trinity women's soccer moved to 3-2-1 after a scoreless tie against Colby College on Sept. 20.

to out the ball on target 6 out of 10 attempts, a low number for 110 minutes of soccer. The Bantams held a 13-10 advantage in shots and took three corners to the Mules five.

Offensively, the game did not yield much, but it was a

good defensive practice for the Bantams. After a tough 3-2 first loss at Hamilton on Sep. 6 and a crushing 5-1 defeat against Williams on Sep. 13, it was clear that the defensive structure needed to be re-evaluated. Whatever Head Coach

Mike Smith is doing at practices, it seems to be working well. Trinity used more substitutions this game than Colby, and more than previous games, which helped to keep players fresh so they could establish constant ball movement as to

wear down opponents and create gaps where Trinity could attack. Alexa Menard '16 led the Bantams with shots on goal, shooting 2 for 2, the distribution of shots and offensive pressure was distributed throughout the entire attacking line and reaching back into the defensive end.

Looking towards the future, the lady Bantams will have a tough road ahead. Colby is a perennially weak team, and others in the NESCAC are much stronger. Next weekend Trinity will play Bates at home on the 27th. Bates has proven themselves as an upper-middle of the road team, with a 4-2 overall record while maintaining 2-2 in the NESCAC. They managed to beat Wesleyan and Hamilton (a team Trinity lost to) and lost at Bowdoin 1-0 and a devastatingly 6-0 at Tufts. The Bantam-Bobcat matchup should be a close game on paper, but soccer scores can run out of control in a matter of seconds. It is critical that Trinity establishes a strong defense, because their forwards and midfield have proven they have the ability to put the ball in the net, averaging almost ten shots-on-goal a game with over two goals per game. If the team cannot neutralize the opposing attack, it will be a long season of losses.



Trinity College

Inside Sports:
Soccer, Football &
Athlete of the Week

Trinity football dominates Colby in season opener

ELIZABETH CAPORALE '16
STAFF WRITER

Trinity Football is off to an excellent start for this 2014 season, as the Bantams soundly defeated the Mules of Colby College this past Saturday, Sept. 20, the final score being 32-7.

After trailing in the first quarter by five, Trinity took the lead for good early in the second quarter with a touchdown by Chudi Iregbulem '15, a veteran running back from Torrance, California. By halftime the Bantams led 9-7. With 7:05 left in the third, Trinity led 22-7, thanks to a 12 yard run into the end zone by running back Preston Kelly '16 and another contribution by Iregbulem, in the form of a one yard venture over the goal line for another touchdown. Later on in the third quarter, the Bantams added to their lead when corner back Brian Dones '15 intercepted a pass from Colby quarterback Gabe Harrington, and ran it back 34 yards to Colby's 24-yard line. Dones' return set up a 41-yard field goal opportunity for kicker Ben Rosenblatt '17. Trinity sealed Colby's fate with a two-yard touchdown run by Iregbulem's for his third and



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Chudi Iregbulem '15 rushed for 134 yards and three touchdowns in Trinity's 32-7 win over Colby.

final score of the day. The fourth quarter was made up of five punts and one final Trinity drive, in which the Bantams held onto the ball and ran out the clock.

Due to his outstanding performance, Iregbulem earned the honor of NESCAC Football Offensive Player of the Week. The senior running back was a large part of Trinity's suc-

cess in their home opener. By the end of the contest he had racked up twenty five carries for 134 yards and three touchdowns. His total yards and three touchdowns were career highs for the veteran running back.

The Bantams dominated in all aspects of play against Colby as they amassed 455 yards of total offense in comparison

to Colby's 273 yards. Trinity also kept possession of the ball for 37:51 total minutes as Colby had just 29:09 minutes on offense the. Henry Foye '16 and Spencer Aukamp '18 split time at the quarterback position for Trinity. Foye completed 11 of 21 pass attempts for 160 yards and Aukamp completed one pass for 6 yards.

While Trinity lost a sig-

nificant amount of talent this past season, numerous capable individuals have stepped up to fill those shoes. The 2014 squad is led by tri-captains Mike Mancini '15, Mike Weatherby '15 and Joe Margardino '15. Coached by two-time NESCAC coach of the year and Trinity graduate Jeff Devaney, the Bantams will not only be looking to their three captains and coaching staff this season for leadership, but also to their senior class. Trinity holds 22 seniors on their roster this year, including returning starters such as Iregbulem, wide receiver Chris Ragone, '15, linebacker Will Herbert '15 corner back Brian Dones, Rookie of the year (2012) running back Michael Budness '15 linebacker Rob Gau '15, outside linebacker Tom Szymanski '15, offensive lineman Jake Golden '15 offensive lineman Connor Flynn '15 and tight end Brendan Oliver '15.

Next weekend, Trinity will head up to Williamstown, MA to face Williams College for their second game of their eight-game season. The Bantams are hoping to continue to dominate the NESCAC and are definite contenders to win the NESCAC championship.

Men's soccer claims first NESCAC win, shuts out Colby

PETER PRENDERGAST '16
SPORTS EDITOR

The Trinity Men's soccer team boosted its overall record to 4-1-1 following consecutive wins against Westfield State and Colby College. The Bantams are currently tied with Hamilton for 6th place in the New England Small College Athletic Conference (NESCAC) standings behind Amherst (4-0-1), Tufts (5-1-0), Middlebury (4-0-1), Wesleyan (3-1-2) and Williams (3-2-0).

On Sep. 16 the team traveled to Westfield, MA to face the Westfield State Nestors (1-5-1). The first half began slowly, as neither team was able to capitalize on a number of goal scoring opportunities. Trinity's Tim Shea '15, took the first shot of the game, just minutes into play, which was saved by Westfield keeper Keith Hevey. Midfielder Tobias Gimand '17 missed high on his first shot minutes later. Cody Savonen's '17 first shot, 20:58 into the game, was blocked and his next shot missed wide right. Gimand's second shot in the 37th minute was blocked. With only minutes left to play in the first



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Trinity recorded consecutive shutout wins against Westfield State University and Colby College.

half, Gimand received a pass from Mike Cooke, and sent it down field to Savonen, who shot the ball past the Westfield keeper for his third goal of the season.

In the second half, Tim Peng '18, Griffin Bossard '17, Fernando Cuervo '17, Savonen and Gimand each contributed shots, each unable to find the back of the net. In the 77th minute, Savonen capitalized

on a free kick after Westfield was called out on a handball in their zone. His 4th goal of the year marked the final score, a 2-0 victory for the Bantams. Domenic Quade '17 and Mateo Zabala '18 split time in net for the Bantams, a save each on just two shots on net.

The following Saturday, Sept. 20, the Bantams welcomed Colby College to cam-

pus for just their third NESCAC contest of the season. In the first half, Cooke's first shot of the game was saved by Colby's goalie, Peter Quayle in the first minute of play. The Bantams' offense did not let up as Savonen found himself with a scoring opportunity less than a minute later. His shot was blocked. In the 13th minute, Savonen's second shot was saved, as was

his third shot, twelve minutes later. Trinity finally tallied their first goal of the game in the 38th minute of play as forward Will Gittings '18 headed in a corner kick from Cooke, for his first collegiate goal.

In the second half of play, both teams exchanged several offensive chances, but the score remained unchanged until Tim Shea scored Trinity's second and final goal of the game when he received a pass from Savonen, dribbled past a solo Colby defender and drove his shot past a diving Quayle. Trinity won the contest 2-0 for their second consecutive shutout and their first NESCAC victory of the season.

Jason Katz played the full 90 minutes in net for Trinity, making six saves on six shots on net.

Looking ahead, the Trinity Men's Soccer team will face two tough conference opponents, at home against Bates (0-5-1) on Sept. 27 followed by a game at Bowdoin (2-3-0) on Oct. 4. The squad is hoping that consecutive wins in the coming week will boost their record to the top of the conference standings.