Spring 2013

A Trail Hiker: A Historic Memoir of an Appalachian Trail Thru-Hiker

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A Trail Hiker:
A Historic Memoir of an Appalachian Trail Thru-Hiker
Multi-Media Linked Memoir Available at: www.atrailhiker.com

Submitted by
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B.A. University of Mary Washington 2010

In Partial Fulfillment of Requirements for
the Degree of Master of Arts in English

2013

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**DISCLAIMER**  
This memoir describes my experience while “thru-hiking” the Appalachian Trail and reflects my opinions relating to those experiences. Some names of people and places and identifying details of individuals and locations in the memoir have been changed to protect the privacy of those people and places.